

GREAT WEBSITE RECOMMENDATIONS:

- <https://www.mapresearch.org/equality-maps>
- <https://www.thetrevorproject.org>
- <https://tchernola.org>
- <https://www.latransadvocates.org/resources>
- <https://transgenderlawcenter.org>
- <https://translifeline.org>
- <https://blacktrans.org>
- <https://www.translatinacoalition.org>
- <https://www.genderspectrum.org>
- <https://www.transveteran.org>
- <https://www.psychologytoday.org>



TRANS FRIENDLY RESOURCE GUIDE



Your guide to trans-approved
resources in the New Orleans
community

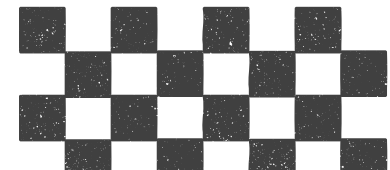


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Trans Lifeline: 1-877-565-8860

Suicide Prevention Lifeline:

1-800-273-8255

LGBT National Hotline:

1-888-843-4564

Thrive Lifeline:

Text "THRIVE" to 313-662-8209

LA Sexual Assault Crisis Line:

1-888-995-7273

Family Justice Domestic Violence Crisis Line:

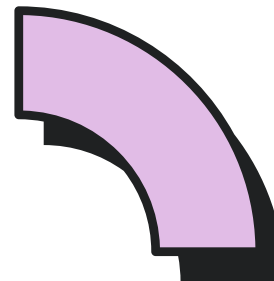
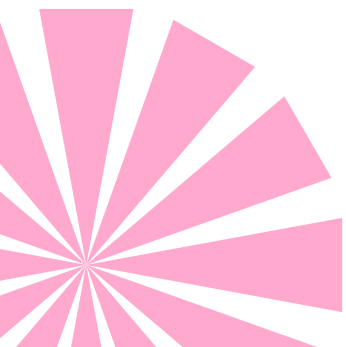
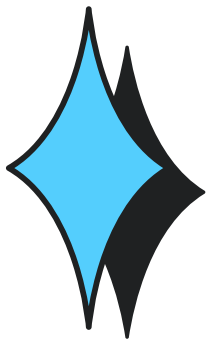
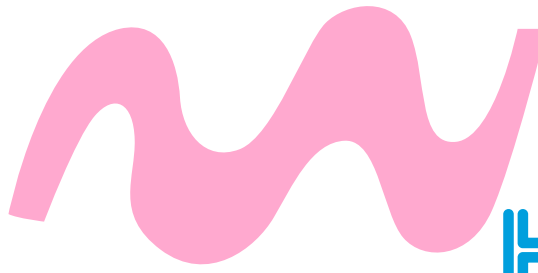
504-866-9554

Addiction Helpline:

1-877-947-947-5900

Metro Crisis Response for Mental Health or Substance Abuse (ACT Team):

504-826-2675



NOTES:

ABOUT THIS GUIDE

WELCOME!

This guide is designed specifically for you! Reach out to whatever or whomever meets your needs and advocate for yourself. It's crucial!

Whether it's housing, employment, or your doctor, remember that you're in charge. Don't hesitate to call, follow-up, and make your voice heard. Your well-being is at stake.

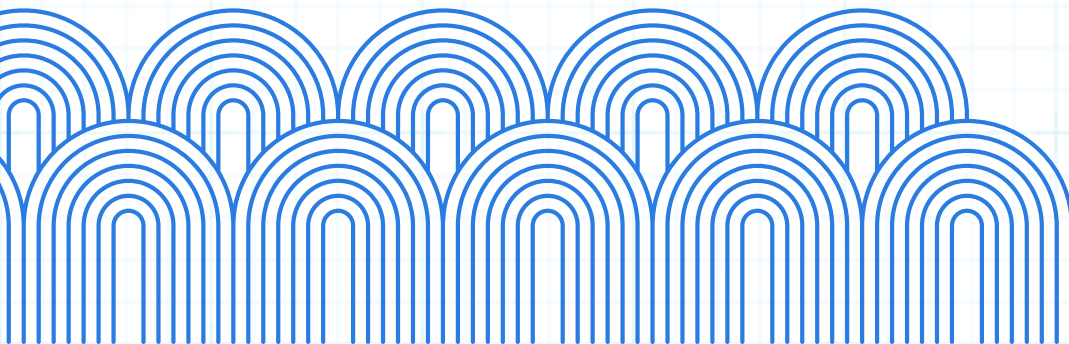
You deserve to utilize all available resources. As a trans woman, I understand that life can be challenging, but it's also full of joy, beauty, and liberation. Many organizations and individuals are ready to help, so take advantage of their support. When it comes to healthcare, why not? You've paid for it, so make the most of it.

We've carefully selected resources that are safe for trans women. However, it's important to remember that not everyone will be as accepting or easy to talk to as we'd like them to be. Don't let that discourage you. If one resource isn't ideal, simply move on to the next one on the list.

Communication is key! This guide is a work in progress and not the final resource for trans women in our community. We value your feedback. Did we overlook something? Do you have input on a listed resource? Reach out to us—we'd love to hear from you.

Lastly, we want you to know that we love you! Thank you for existing and spending time with us. You are beautiful and deeply appreciated.

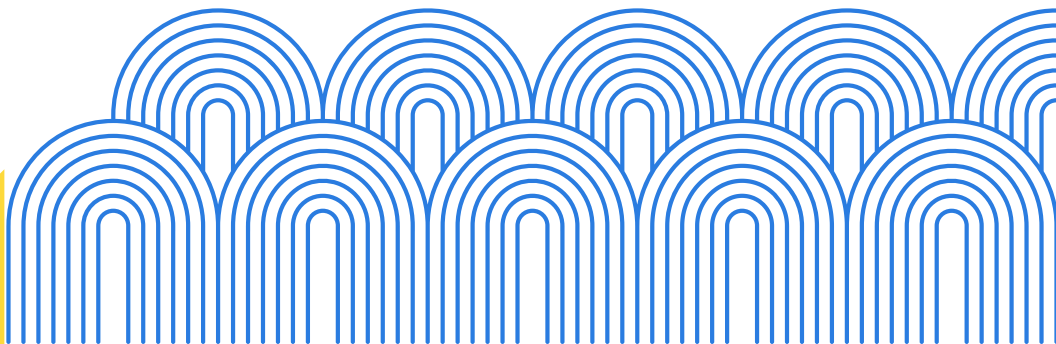
A significant portion of the compiled resources are sourced from the 2023 version of the Community Resource Guide, which can be found at www.imaginewaterworks.org.



NOTES:

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NEW ORLEANS





TRANS SPECIFIC ASSISTANCE

Louisiana Trans Advocates

Web: latransadvocates.org Email: info@latransadvocates.org Mailing address: PO Box 90851 Lafayette, LA 70509

Provides resources and advocacy for trans people. Comprehensive resource guide online. Frequently takes action politically to oppose transphobic legislation. Online guides explain how bills become laws and how to contact legislators. Coordinates the Trans Name Change Fund with Real Name Campaign. Also hosts a variety of support groups in-person and online for all trans/gnc individuals.

Real Name Campaign

IG: [real_name_campaign](#) FB: Real Name Campaign NOLA

Trans-led group of activists in New Orleans fighting for accessible gender marker changes and transgender rights. Coordinates the Trans Name Change Fund with Louisiana Trans Advocates.

Trans Empowerment Project

www.transempowerment.org

TEP supports trans people directly, especially disabled queer and trans people of color. The programs provided include: emergency food and toiletry packages (provided through Instacart, Shipt, or Hello Fresh and paid for by TEP), gender affirming clothing packages, HRT assistance, employment assistance, inmate services (including commissary assistance, gender-affirming clothing packages and pen-pals for trans inmates), and emergency transport for those in unsafe housing situations.) Visit website to fill out a form for assistance.

CrescentCare Gender Clinic

Web: tcher.cc Phone: 504-821-2601 IG: [tcher_nola](#) FB: T'Cher Nola Address: 1631 Elysian Fields, New Orleans

Provides care for transgender and gender non-conforming patients, regardless of income, immigration, or insurance status. Offers access to primary care, gender affirming hormone therapy (informed consent model), referrals to gender affirming surgical care, name and gender marker change support, free chest binder exchange services, behavioral health care, resource list of external gender affirming BH providers.

Se habla español

Ochsner Health System- LGBTQIA Care

<https://www.ochsner.org/services/lgbtq-health-care>

Ochsner has providers in multidisciplinary fields and patient services including trans health care needs. In-person and telehealth visits available for some health needs. PrEP and STI care, wellness health, HIV care, and other health needs offered, 1-866-624-7637 for inquiry.

New Orleans People's Assembly

peoplesassemblyneworleans.org

Organizing, advocacy & community building for, with, and by working people of New Orleans. Connected to Take'Em Down NOLA, Women's Dinner Wednesdays, New Orleans Hospitality Workers Alliance, People's Community Sing. Check website or facebook for events & programs.

New Orleans Public Library

(504) 596-2560, www.nolalibrary.org

219 Loyola Ave., New Orleans, 70112 (Main Branch)

Public library system of New Orleans. Access to all kinds of media (books, movies, etc.), computer use, classes and tutoring programs at locations around GNO. See website for full listing of locations, hours & programs. For additional library assistance: 1-on-1 and classroom assistance for your computer and job seeking needs please call 504.596.3122, or email rgoldblum@nolalibrary.org Free; Check website for updates.

New Orleans Mutual Aid Group •NOMAG•

Food banks now on SUNDAYS 4-6pm at Florida & St. Roch.

(504) 383-3790 www.instagram.com/nomag___/ (<---Three underscores in the link).

Lower 9th Center for Sustainable Engagement & Development

504-324-9955, 504-931-6190 to volunteer www.sustainthenine.org

5227 Chartres St., New Orleans, 70117

Assistance for Lower 9th Ward residents with access to fresh food, volunteer home restoration, radiant barrier installation, and neighborhood beautification. Will provide referrals for food distribution and other community needs. Fee for materials; Walk-in or call for information.

Trans Income Project

contact- natalie@transicnomeproject.org, for information and application www.transincomeproject.org A group of trans women who are working to offer cash assistance, guaranteed income, and free STI testing to trans women. They also engage in advocacy efforts in policy change, sex worker protections, and support in training other interested organizers.

ANIMALS, EDUCATION & OTHER SERVICES

Adult Education (GED) Program at Delgado Community College

www.dcc.edu/academics/adult-education/default.aspx or

www.facebook.com/nolaged 504-671-5434

615 City Park Avenue (Registration in Bldg 7, Room 170), New Orleans
Structured classes in the mornings, afternoons, and evenings, at sites throughout New Orleans that are flexible in finding a class schedule that meet a student's availability. Students are welcomed and encouraged to stay in the program as long as needed. We also offer unique opportunities for students to begin college level classes at Delgado as they finish earning a GED. Additionally, we offer ELL classes and Computer Literacy seminars. Free; Call or check website for schedule. *Se habla español*

Imagine Water Works

www.imaginewaterworks.org

Advocacy and disaster readiness and response through a lens of anti-oppression, harm reduction, and collective liberation. Current projects include: the Mutual Aid Response Network, the Community Power Map (Charging Stations), Imagine Mutual Aid on Facebook, an "Anonymous Storm Prep Q&A" on Instagram, annually updated hurricane season guides, the Queer/Trans Guide to Hurricane Season, and the New Orleans Community Resource Guide. Check website and social media for events and projects or join Imagine Mutual Aid (New Orleans) at facebook.com/groups/MutualAidNewOrleans/

The Inner Pup

www.theinnerpup.org info@theinnerpup.org

5208 Magazine Street, Box 357, New Orleans, LA 70115

Low cost pet care. Visit website to enroll.

LA SPCA

504-368-5191, Clinic 504-363-1333 www.la-sPCA.org

1700 Mardi Gras Blvd, New Orleans (Algiers), 70114

M-F 9-5, Sat 10-4, Sun 12-4

Society for the Prevention of Cruelty to Animals, help with finding lost pets, pet care, pet adoption, low cost vet services.



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PO Box 90851 Lafayette, LA 70509

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Brotherhood Incorporated

Web: brotherhoodinc.org Email: contact@brotherhoodinc.org Phone: 504-566-

7955 IG: [bhoodinc](https://www.instagram.com/bhoodinc) FB: Brotherhood Incorporated Address: 2714 Canal St, Ste 503 & 504, New Orleans

Dollhouse program for trans individuals. Advocacy program, PrEP Navigation, See Listing in HIV/STI section for info on further programs.

TIDAL NOLA:

Transgender Inclusive Development Advocacy and Learning

Trans-led org focused on advocacy and training. TIDAL offers: training, consultation, community-engaged research and community building and organizing. <https://www.tidalnola.org/ourservices> email: tidalnola@gmail.com

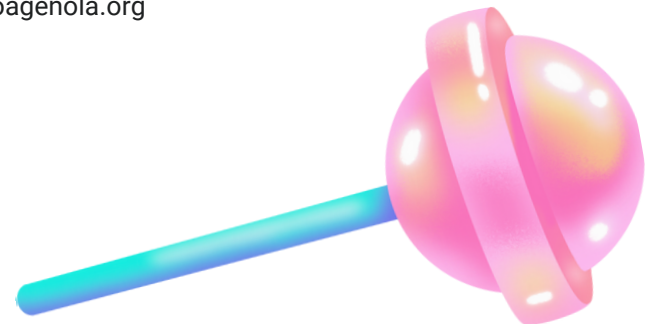
City of New Orleans "NOLA Ready"

Ready.nola.gov Text NOLAREADY to 77295 for alerts.

Frequently updated info compiled by the city to prepare for and recover from disasters including hurricanes and pandemics. Includes info on COVID testing sites, meal programs, evacuation assistance, etc.

NOAGE NOLA

Local advocacy for LGBTQIA2S+, of all ages. Offer cultural competency trainings for health care and service providers on issues related to community. Create events to foster community socialization and support. More info at www.noagenola.org





BASIC NEEDS ASSISTANCE

Broadmoor Improvement Association

Phone: 504-249-5130 Email: marion@broadmoorimprovement.com

Web: www.broadmoorimprovement.com

Address: 3900 General Taylor, New Orleans (Broadmoor)

Office hours: M-Sat 9-5, Food Pantry Mon 10-12 & Wed 1-3

Wellness Center Hours: M-Th 9am-9pm Fri 12pm-9pm Sat 9am-2pm

Social services, health and wellness programs, counseling services on sliding scale, SNAP assistance and food pantry. Services are offered from different locations in the neighborhood. Food pantry: Tues 12-2pm & Wed 1 - 3pm at 2021 S. Dupre. Food pantry is open to undocumented migrants.

Free; Call for appt.

Se habla español

Community Resource & Referral Center

Phone: 504-658-2944 Address: 1530 Gravier St., New Orleans, LA

Hours: M-F 7:30-4

Multi-agency day-center with many service providers & services, including showers, restrooms, laundry, bus fare assistance, Traveler's Aid, Homeless Veterans Program, Pro Bono Project, Volunteers of America.

Free for houseless individuals; Walk in

JeffCAP (Jefferson Community Action Programs) Community Centers

Phone: 504-736-6900 TDD 800-947-5277

Web: www.jeffparish.net/departments/jeffcap

Address: 1221 Elmwood Park Blvd., Suite 402, Jefferson, 70123

Hours: M-F 8:30-4:30

Centers assist residents of Jefferson Parish with: emergency food assistance, housing counseling, low income rent/mortgage & utility assistance, and first time homebuyer training. Must meet eligibility & income requirements, and provide proof of income & ID. Call or check website for list of locations.

Free if qualified. Call for appointment or walk-in. *Se habla espanol*

Silence is Violence

(504) 282-0607 speakup@silenceisviolence.org

Hours: 9-5 M-F

3401 St Claude Ave, First Floor, New Orleans, LA 70117 M-F 9-5

Advocacy and resources for survivors of violence of all crimes. For crime survivors families and friends, and violence prevention. Includes Victim Allies Project. Free; Call or check website for info.

STAR (Sexual Trauma Awareness & Response)

Office: 504-407-0711 Fax: 504-509-6368 Hotline: 855-435-STAR star.ngo

123 N. Genois Street, New Orleans, 70119

Advocacy, counseling and legal services available to youth and adult survivors of sexual violence at no cost, intended to assist you at any stage of healing. Free; Call or check website for info.

Shelters for Victims Fleeing Violence

These shelters are specifically for folks fleeing domestic or sexual violence and at unlisted locations. Call for intake—you will need to answer some questions about your situation for them to see if you qualify. If you experience discrimination in admission to any of these spaces due to your gender, please contact Louisiana Coalition Against Domestic Violence - LCADV.org to report the discrimination if you choose. All shelters state they admit all genders and if they do not in practice, please let the LCADV know.

- Crescent House/A program of the NOFJC (New Orleans) 504-866-9554, 701 Loyola Ave
- Beyond the Veil (New Orleans) 504-259-4844
- Metro Centers for Community Advocacy (Jefferson) 24 Hour Crisis Hotline: 504-837-5400 Toll-Free: 1-800-411-1333 EMERGENCY SHELTER
- Family Violence Program of Saint Bernard In Chalmette Crisis Line: (504) 277-3177
- The Haven (Houma) (985) 872-0757 Serving Terrebonne, Lafourche, and Assumption parishes
- Safe Harbor (Mandeville) 24-Hour Crisis Line: 985-626-5740 or 888-411-1333 St. Tammany & Washington Parishes
- Jeff Davis (Jennings) 337 616-8418 (Jeff Davis area) Toll free: 866-883-2232
- Oasis (Lake Charles) Sexual Assault Hotline 866-570-7273 Domestic Violence Hotline 1-888-411-1333

Louisiana Foundation Against Sexual Assault

225-372-8995 office, Fax 225-292-1986 www.lafasa.org

Crisis Line: 888-372-8995 (English & Spanish)

See below for additional communication options

11832 New Castle Ave, Ste 9, Baton Rouge, 70816

Statewide nonprofit agency offering info & referrals, training & research regarding sexual violence & services for survivors, families. Offers legal services and assistance, hotline and survivor services, accredits sexual assault centers, and offers assistance to seek justice for victims of campus sexual assault. Text an advocate: 225-351-7233 (7 days per week, Mon-Th 12-8pm & Fri-Sun 4pm-12am) LaFASA now has a text and chat Helpline, visitors can access the chat online through lafasa.org or by texting 225-351-SAFE(7233).

Free; Call for more info.

NOFJC (New Orleans Family Justice Center)

504-592-4005, Fax 504-592-4009, www.nofjc.org, healing@nofjc.org

701 Loyola Ave, 2nd Fl., Ste 201, New Orleans, 70113, M-F 8:30-5p.

Serves ALL parishes but is located in New Orleans.

24 Hour Crisis Line for shelter/resources 504-866-9554 - Comprehensive free one-stop center for survivors of domestic violence, sexual assault, stalking, and their children. Shelter has private rooms/studios for survivors and their families actively fleeing violence. All services provided in both English and Spanish or will secure interpretation. Services include: Trauma counseling and groups, wellness supports, temporary safe space/shelter, legal consult, restraining orders, custody, housing consult, case management, and social and health care services. Hospital medical advocacy for survivors, HOPE Clinic partners with the NOFJC to provide forensic exams and medical care to survivors who don't feel comfortable going to a hospital. Counseling often has a two month waitlist but if a person is in a lethal, dangerous position, can be moved up and seen more immediately. *Se habla español*

Women's Space - START

3801 Pitt St., New Orleans, LA 70115 (504) 895-6500

You must be referred to them by Unity. (2475 Canal Street, Suite 300, New Orleans, LA 70119)

Women's Space is a transitional housing center that accepts women and people of trans experience (TGNC). The house up to 24 people at a time in a 4 people per room shared space. They offer 3 meals a day, group events and space, and some other basic needs. No fee for staying, but works on a referral system.

Total Community Action

Phone: 504-324-8609, 504-822-7181 Web: www.tca-nola.org

Address: 1420 South Norman C Francis Pkwy, New Orleans, 70125

Hours: M-F 8:3-5:30

Connects people in Orleans Parish to many assistance programs, including: Utilities, weatherization, counseling, food pantries, employment, tax assistance, homeless prevention, summer youth programs. Free; Call for appt.

Sojourner Truth Neighborhood Center

Phone: 504-827-9963 FB: [SojournerTruthNOLA](https://www.facebook.com/SojournerTruthNOLA)

Address: 2200 Lafitte, New Orleans, 70119

STNC is an 11,000 square-foot facility with community rooms, a computer lab, a commercial kitchen, office space, a playground, a community garden, green space, and tennis courts. Several of Sojourner Truth's meeting rooms are available for rent for community gatherings and meetings. Some examples of services provided include: financial literacy, credit counseling, employment information and resource sessions, GED & literacy referrals, health workshops, exercise classes, and many more. Center membership is free & encouraged. Call ahead to confirm services.

Rebuild at Harry Thompson Center

Phone: 504-273-5547 Address: 1803 Gravier St, New Orleans 70112

HTC/ Rebuild is a day center with breakfast, showers, laundry, hygiene kits, access to phones, restrooms, legal aid, notary, basic medical care, and other services. Hours are between 7:30am and 2:30pm

Free; Call ahead to confirm services.

Travler's Aid

Phone: 504-658-2944 Address: 1530 Gravier St, New Orleans, 70112

Traveler's Aid is a day center that provides case management services, focused on long-term needs for transitional or permanent housing, food stamp assistance, Medicaid/Medicare, referrals to job resources, bus tokens, shower and laundry access, and phone and internet access.

Free; Call ahead to confirm services.

Grace at the Greenlight

Phone: 504-239-4544, Email: sarah@graceatthegreenlight.org

Address: 330 Carondelet Street, Suite 202, New Orleans 70130

GATG provides rides and care bags as part of their Family Reunification Program. They also provide breakfast 7 days a week at Danny's Food store. Free: Call ahead to confirm services.

HIV, STI, PREP

ANTI-VIOLENCE & CONFLICT SUPPORT

Access Health Primary Care at Pythian

Phone: 504-226-2976

Address: 234 Loyola Ave Suite 300B New Orleans 70112

Hours: M-Th 8-4;30, F 8-12

Free at home HIV testing available via Access Health. Patients can call 504-500-8904 or visit accesshealthla.org/location/access-health-louisiana-primary-care-new-orleans-pythian/ to request a test. See listing in Primary Care Clinics for additional services & locations. *Se habla español*

Brotherhood Incorporated

Phone: (504) 566-7955 Web: www.brotherhoodinc.org

Address: 2714 Canal Street, Ste. 503 & 304, New Orleans, 70119

Hours: M-F 10-4

HIV/AIDS education for everyone, including preventative services, counseling, and testing; Housing information services for individuals with HIV and AIDS. Capacity building training for other organizations. Advocacy program.

HIV/STI testing is free, anonymous & confidential. Now offering wraparound services ranging from sex education to case management, in-house social worker, transportation, and linkages with other agencies. Transitional housing available via Trinity House (HIV patients in need of transitional housing and case management) and the Dollhouse (for transgender individuals).

Free; Walk-in.

Se habla español

Home Again (Concerned Citizens for a Better Algiers)

Phone: (504) 362-7583, Web: www.ccfbano.org

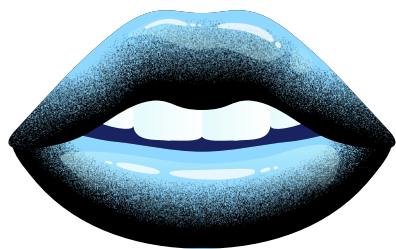
Address: 1409 & 1417 Nunez St., New Orleans (Algiers), 70114

M-F 9-5 office hours

Residential program for persons with HIV/AIDS with adult literacy program, GED prep, computer & job training.

Sliding scale: free for no income, otherwise 30% of income; Referral required.

Se habla español



5Beyond Harm NOLA

www.beyondharmnola.org

Beyond Harm envisions a world where all people are free from structural and intimate violence. Provides referral for domestic violence intervention, sexual assault. Provides services or referrals for those seeking court mandated and unmandated groups for those who have caused harm.

Sliding scale, *Se habla español*

Center for Restorative Approaches / CRA

www.thecra.net - Visit website for contact form

Work with those affected by a conflict to develop collaborative solutions in the following settings: schools, organizations and businesses. Provides trainings throughout the year.

Community Mediation Services New Orleans / CMS NOLA

(504) 222-2954, www.cmsnola.org ,

CommunityMediationServicesNOLA@gmail.com

CMS provides mediation and restorative justice services on a sliding scale for resolution of conflicts with family, neighbor, landlord-tenant, friends without going to court. Sliding scale available.



Stuart H Smith Law Clinic & Center for Social Justice

(504)-861-5590 | <http://www.loyno.edu/lawclinic>

540 Broadway St., New Orleans, 70118

M-F 8:30-4:30

Loyola law student legal clinic providing legal services to low income and indigent clients of New Orleans. Clinics in immigration, family law, criminal defense, and employment. Free; call for appt. *Se habla español*

Union Migrante

unionmigrante.org. FB: Union Migrante, Insta: union_migrante

Advocacy and support for migrant individuals and their families. ICE intervention, funding for bonds and legal services. Immigration services. *Se habla español*

Familias Unidas

2852 Allen Street, New Orleans, 504-813-4022, Web: farmiliasunidas.org,

Email: familias.unidas.accion@gmail.com

Familias Unidas works with migrant individuals and their families to advocate for equal rights and to provide support. Services offered include: advocacy and training for recently immigrated individuals and their families, language justice advocacy in work and educational settings, workshops and job trainings, English classes, food distribution and economic support. *Se habla español*

Hammond Parish Health Unit

154181 W. CLub Deluxe Rd., Hammond, LA 70403, (985)543-4880

HIV and STI testing, treatment and referral to care. Immunizations also available.

Luke's House Clinic

2222 Simon Bolivar, New Orleans, LA (504) 444-7879 *Se habla español*

Evening clinic times on Tues and Thursday. Multiple services including immunizations, womens health, vision care and prescription assistance in-house. <https://www.lukeshouseclinic.org/services>

LocALL- LocALL is the Legislative Organizing Coalition for All LGBTQ+ Louisianans. We are a coalition of organizations and advocates unified with the mission of protecting and empowering LGBTQ+ individuals and communities across the state. To be added to the list serv for meetings and information please email info@louisianatransadvocates.org



CrescentCare

504-821-2601 (ask about STI testing services) or visit takecharge.cc or crescentcare.org/service/sti-testing/

1631 Elysian Fields Ave, New Orleans

- Walk-in rapid HIV testing is available Tuesdays 12-8, Wednesdays 10-5, Thursdays 10-3, and Fridays 10-5 at our St. Roch location (1631 Elysian Fields Ave.).
- Take-home HIV tests are available Monday-Friday from 9 am – 5 pm.
- *Servicios en Español: Martes 12-4 pm.*

HIV testing available via prevention offices on the second floor. See listing in Primary Care for additional services. Free; Walk-in or appt.; Clinic by appt. only. *Se habla español*

START Corporation- Houma

(985)333-2020 235 Civic Center Blvd., Houma, LA 70360

M-F 8:00-4:30

Free rapid testing for HIV, Hepatitis C, and Syphilis. If needed, HIV and STI treatment are available. Ryan White services for HIV care needs and managment. Gender care and other medical care offered as well. Call for more information or visit <https://www.startcorp.org/chc> .

SOME THINGS TO THINK ABOUT:

- It's recommended that if you're having sex, get tested every 3-6 months
- Lube is not only sexy, it's safer! More friction = more abrasions
- PrEP is for **everyone** and is even more effective at preventing HIV than condoms
- Talk to your sexual partners about their status and what they are doing to protect themselves. This is also a good chance to talk about your turn-ons, turn-offs and what makes sex enjoyable for YOU!

Delgado Reproductive Health Clinic

Phone: (504) 658-2540, Fax 504-599-1057

Address 517 N Rampart St, 4th Fl., New Orleans, 70112

Hours: M-F 7:45-4:30

STI testing and treatment for Syphilis, Chlamydia and Gonorrhea, testing for HIV, family planning services.

Income based sliding scale, \$10-\$200; Call for appt.

Se habla español

Office of Public Health HIV/AIDS Program

Phone: 504-568-7474 Web: www.louisianahealthhub.org

Address: 1450 Poydras, Ste 2136, New Orleans, 70112

Hours: M-F 8-5

Referrals to other agencies for prevention & testing services

Free; Appt Only, Need Referral.

Se habla español

LSU-Sexual Health Center

Phone: 504-293-6899 (call in advance, walk-ins not always available)

Address: 3308 Tulane Avenue, 5th Fl. New Orleans, LA

Hours: 8-10:30 am, 12:30-2:30 pm

Confidential testing and treatment for chlamydia, gonorrhea, HIV, Syphilis, and other sexually transmitted infections, with testing and onsite provision of most medications.

Medicare, Medicaid, and private health insurance accepted; sliding-fee scale available for those without insurance.

Priority Health Care

Phone: (504) 309-3262, (504) 306-6057, 504-509-4800 Fax: (504) 309-9307

Web: priorityhealthcare.org Email: priorityhealthcare@phc-no.org

Address: 12A Westbank Expwy Ste. 111, Gretna

Hours: Clinic open M-F 8-4, Thursday 10-6:30pm

Early Intervention Services (EIS), Primary Medical Care (PMC), Case Management and Medical Case Management (MCM). Medical case management; provision of a range of client-centered services that link clients with health-care, psychosocial, and other services that improve overall health. Non-medical case management, provides advice and assistance to empower clients to access a variety of necessary services (including medical, social, community, legal and financial) that support medically related outcome measurements.

Transportation provided. Sliding scale based on income;

Walk in for free HIV testing. Other services are by appointment only.

Se habla español

Isla – Immigration Services and Legal Advocacy

<https://www.islaimmigration.org/> | 504-265-0416

3801 Canal Street, Suite 210, New Orleans, LA 70119

Legal services organization that defends the rights of our immigrant communities and advocates for just and humane immigration policy, and offers representation.

Se habla español

Louisiana Law Help

Louisianalawhelp.org

Free resource from Louisiana's nonprofit justice community; this is a great place to start a search for assistance available for free or low-cost, or for assistance with self-representation.

New Orleans Worker Center for Racial Justice

504-309-5165 www.NOWCRJ.org

3500 Canal St, 2nd Floor, New Orleans, LA 70119

Organizing, legal, and policy advocacy focusing on civil, labor, and human rights agenda, leadership skills training, and workers' rights education and activism. Check schedule of events:

www.NOWCRJ.org/events. Free; *Se habla español*

Orleans Public Defenders

(504) 821 8101

2601 Tulane Ave, Ste. 700, New Orleans, 70119

Provides legal representation to indigent defendants accused of committing crimes in Orleans Parish.

Call for info. *Se habla español*

Southern Poverty Law Center - New Orleans Office

(503)-486-8982 | www.splcenter.org

201 St. Charles Ave. Ste. 2000, NOLA

M-F 8-5; Leave a message 24/hr day.

Nonprofit civil rights organization providing legal and advocacy services, including immigrant justice project. Free; Call for consultation.

Se habla español, can arrange for interpreters for other languages



JUSTICE, IMMIGRATION & LEGAL AID

ACLU of Louisiana

504-522-0617 | www.laACLU.org

1340 Poydras St., New Orleans, 70112

Legal aid specializing in discrimination, 1st amendment rights, immigrant rights, transgender people, police practices, prisoners' rights. To file a complaint with the ACLU it can be done through their website or by mail at the address listed above.

Emergency Legal Responders Legal Access Collective (ELR)

504-708-4808

Emergencylegalresponders.org linktr.ee/emergencylegalresponders
Mutual aid, volunteer run, community driven, provide general community information but do not provide legal advice or legal counsel. Legal information and direct assistance to people impacted by natural, social, and economic emergencies.

Hite Law Group

504-252-0678 | hlg@hitelawgroup.com

701 Loyola Ave, Ste 403, New Orleans, 70113

M-Th 9-5, F 10-4

Sliding scale legal services for low-income LGBTQ people focusing on family law, name and gender changes, employment, and civil rights protections. Also specialize in serving survivors of intimate partner violence.

Innocence Project New Orleans

504 943 1902 | ubfi@ip-no.org | www.ip-no.org

M-F 9:30-5:30

4051 Ulloa Street, New Orleans, 70119

In Louisiana and Mississippi, the two states with the highest incarceration rates in the world, Innocence Project New Orleans frees innocent prisoners, exposes injustice and prevents wrongful convictions. For more information on requesting assistance visit: <http://www.ip-no.org/how-we-take-cases>
If you call the office you will only receive the same information on our website. We only accept written applications directly from prisoners wanting help. Free, only represents applicants who cannot pay; See website for info; *Se habla español*

PRIMARY CARE SERVICES

504 Health Net

Phone: (504) 206-6275 or (504) 507-5112

Web: healthyhospitality.com or 504healthnet.org

Directory of primary care clinics in Greater New Orleans.

Access Health Louisiana Primary Care Clinics

Patient line, all locations: 866-530-6111 accesshealthla.org

Locations in the New Orleans Metro Area include: CBD (Inside Pythian Market), Belle Chasse, St. Bernard, and South Broad.

Common Ground Health Clinic

Clinic (504) 265-0207 Web: cghcnola.org Address: 441 Wall Blvd., Gretna, LA 70056 Hours: M, Tu, Th 8-5, Fri 8-2

Adult primary care services, including physicals, prescriptions, lab tests, Medicaid applications, behavioral health, wellness & educational events. Sliding scale beginning at \$25, Medicaid, Medicare, major insurance; Appt. & walk-in. *Se habla español*

Start Community Health Center- New Orleans

2300 S. Galvez St, New Orleans, LA 70125

(504) 332-5713; www.startcorp.org; M-F 8:00 AM-4:30 PM

Primary care, behavioral health, Medicaid enrollment, hepatology, and PrEP for those 13 years and older. Medicaid, Medicare, Private Insurance, and Uninsured. Sliding scale available based on household and income.

Transportation services available to and from clinic within 30 mile radius

LSU Family Medicine - Oschner

Phone: 504-471-2750 Address: 200 W Esplanade Ave., Ste. 412, Kenner, 70065 Hours: M-Th 8-5 Fri 8-12

Complete adult and pediatric primary care, including pre-natal care, adolescent care, PAP smears, STI testing.

Photo ID required.

Sliding Scale (\$30 minimum, proof of income required), Medicaid, Medicare, some private insurance; Appt. only.

Se habla español

New Orleans East Louisiana Community Health Center (NOELA)

Adults 504-255-8665, Pediatrics 504-309-8390 www.noelachc.org

Address: 13085 Chef Menteur Hwy, New Orleans (East), 70129

Hours: M-F 8–5, Sat 8am–12pm. Call for after hours services.

Adult primary health care services, including women's health (OB/GYN), mental health, social services, diabetes classes, pharmacy assistance. Pediatrics across the street at 14401 Chef Menteur Hwy, Ste C. Sliding scale for uninsured based on income. Medicaid, Medicare, some insurance. Appt preferred, walk-ins OK. *Se habla español & Vietnamese*

New Orleans Musicians' Clinic (part of LSU Healthcare Network)

Phone: 504-412-1366, fax 504-412-1298, Web: www.nomaf.org

3700 St. Charles Ave, 2nd Fl., New Orleans, 70115

Hours: M-F 9-5

Professional musicians, culture bearers, and their families living in the greater metro New Orleans area are eligible for the following medical services: health assessments, primary care, including OB/GYN, mental health, and social services information and referrals. Open to all culture-bearers, including vocalists, Mardi Gras Indians, Baby Dolls, etc. and adult household members.

\$10 per person, also Medicare, Medicaid, private insurance; Appt only, call to begin enrollment. *Spanish spoken? No, French, ask for Katherine Lasperches*

Odyssey House Health Clinic

Phone: 504-821-9211, Web: www.ohlcommunityclinic.org

Address: 1125 N Tonti St. (& Gov. Nichols St.), New Orleans, 70119

Hours: M-Th 8-5 2700 South Broad St appointment only M-F 8-5 (same phone)

Primary adult health care, including labs, TB tests, flu vaccinations and mental health. See Addiction Services section for info on additional programs. Pharmacy onsite. Sliding scale fee to those in treatment, homeless or w/out income (proof required); no one turned away. lab costs vary. Walk-in OK. *Se habla español*

Planned Parenthood

504-897-9200 4636 S Claiborne Ave., New Orleans, LA 70125 Services include birth control, gender affirming care, HIV and STI testing and treatment, Wellness and Preventive care, Women's health services and treatment. Hours vary. Book online at www.plannedparenthood.org *translation services available for appt*

St. Charles Kenner Community Health Center

504-712-7800 www.stcchc.org

1401 W. Esplanade, Ste 108A, Kenner

M-Th 8-4:30, F 8-12

Complete pediatric and adult primary care services, including PAP smears, social work. Sliding scale for uninsured (\$15 min. for first visit, \$10 for established patients); Medicaid, Private insurance. Appt. only. *Se habla español*

Odyssey House Louisiana

504-821-9211; ohlclinic.org *Se habla español*

- Medically Supported Detox: 504-821-9211 (option 1); 2700 S Broad Ave, New Orleans, LA 70125; 5-7 day inpatient detox treatment; admissions M-F 8 am-2 pm; admissions based on bed availability
- Short Term Adult Residential Treatment: 504-821-9211 (option 3); 2700 S Broad Ave, New Orleans, LA 70125; approximately 28-day residential drug rehabilitation program
- Intensive Outpatient (IOP)/Long Term Housing: 504-821-9211 (option 4); intensive outpatient program where residents live on-site for 3-6 months; must complete OHL short-term residential treatment before moving into IOP
- Sobering Center: 504-821-9211 ext. 7200; 732 N Claiborne Ave, New Orleans, LA 70116; allow overly intoxicated individuals to recover from immediate acute alcohol impairment; Sobering Center Outreach Van available to pick up and transport individuals to the Sobering Center at 504-439-5941
- OHMega: 504-258-4203; no cost three to six month program that provides outpatient treatment services to racial/ethnic minority men who are who are suffering from substance use and are at high risk for HIV or are living with HIV
- iPrevent: 504-913-6776; resources for substance abuse and HIV/Hep C prevention programming to New Orleans Youth
- Revive. Survive. Overdose Prevention: 504-913-6777; hlikaj@ohlinc.org; resources and trainings to address the opioid epidemic

Detox and Residential free for uninsured, Medicaid (no private insurance).

Smart Recovery

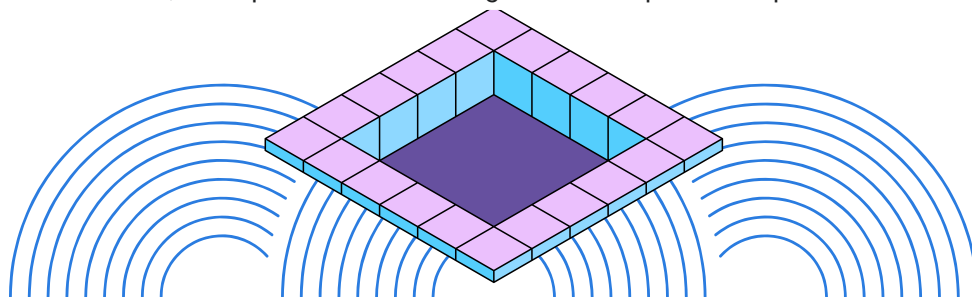
smartrecovery.org

Check website for information on times and places for virtual and in-person meetings throughout NO area. Each meeting has different phone and email contact. Mutual support meetings are free and open to anyone seeking science-based, self-empowered addiction recovery. Free.

New Orleans Lambda Center

2372 St Claude Ave., New Orleans, LA 70117. nolambda@gmail.com

A safe LGBTQIA2S+ place for AA meetings and 12-step fellowships.



NADA NOLA

nadaneworleans.weebly.com

NADA is a community based acupuncture protocol that treats addiction, mental illness, trauma, PTSD, insomnia, and general stress.

Thursdays, 6:30-8:30 pm at 3401 St. Claude Ave (entrance on Desire St)

Please wear a good mask. (K)N95s are strongly preferred. If you don't have one of those, please double up cloth masks, or wear one combined with a 3-ply surgical mask. Ear acupuncture by donation or free; Call, walk in or email for info.

Se habla español

Narcotics Anonymous

504-899-6262 (New Orleans area helpline), 877-554-8308 (Northshore)

www.noana.org or www.nsana.org

Greater New Orleans area group meetings to deal with and end addiction to narcotics held seven days a week. Call either of the helplines or check website for current schedule of meetings held virtually (online/phone) and reopened in-person throughout GNO area. Option to speak with someone in recovery. Free

Smoking Cessation Trust

504-529-5665 or 855-259-6346; smokingcessationtrust.org

8:30-5 M-F

As part of a legal settlement, cessation medication and counseling is free for LA residents who started smoking before September 1988. Any service location of your choice.

Free if qualified

Women With a Vision, Inc.

504-301-0428, www.wwav-no.org

2028 Oretha Castle Haley Blvd, New Orleans, LA 70113

M-Th 10-4, with some late evening & weekend outreach and events

Black and Queer led health education and promotion agency specializing in reproductive health advocacy, sex worker rights, harm reduction outreach, community based research, case management and referrals. Safer sex, IDU kits and hygiene material distribution. Free; Appts taken, Walk-Ins welcome, All genders welcome.

Health Care for the Homeless Program

(Main site) Phone: 504-658-2785 Web: www.nola.gov/health/homeless/

Address: 2222 Simon Bolivar Ave, 2nd Fl., New Orleans, 70113

Hours: 8am-4pm *closed for lunch 12-1pm

Medical, dental, and behavioral health services provided at this location.

(@ Community Resource and Referral Center) Phone: 504-658-2936

Address: 1530 Gravier Street, New Orleans, 70112

Hours: M-F 7:30am-3:30pm *closed for lunch 12-1pm

Medical and behavioral health services provided at this location

(@ Arthur Monday) Phone: 504-658-2550, Address: 1111 Newton Street, New Orleans, 70114, Hours: M-F 8-4 *closed for lunch 12-1pm

Medical and behavioral health services provided at this location

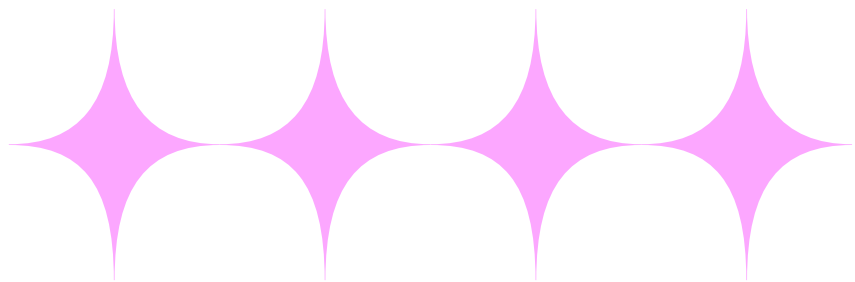
(@ Ozanam Inn) Phone: 504-658-2874, Address: 2239 Poydras Street, New Orleans, 70119

Medical and behavioral health services provided at this location.

Main site provides comprehensive program offering primary medical care, dental care, pharmacy. Services free if homeless; also Medicaid, Medicare, sliding scale based on income. Call or walk-in to fill out paperwork for appt. *Se habla español*

SOME THINGS TO THINK ABOUT:

- Make the doctors work for you! It's your healthcare and your well-being
- Speak up! Advocate for yourself. Call, call again, follow up. Be annoying if you have to!
- Find a provider that you like. There are plenty of options, so don't settle
- If you are treated unfairly, report it. It helps you and the community.



MENTAL HEALTH SERVICES

Broadmoor Improvement Association

Phone: 504-249-5130 Email: wellness@broadmoorimprovement.com

Web: www.broadmoorimprovement.com

Address: 3900 General Taylor, New Orleans (Broadmoor)

Office hours: M-Sat 9-5, Food Pantry Mon 10-12 & Wed 1-3

Wellness Center Hours M-Th 9am-9pm Fri 12pm-9pm Sat 9am-2pm

Social services, health and wellness programs, counseling services for individuals and couples on a sliding scale.

See listing in Basic Services for other services.

Free; Call for appt. *Se habla español*

NAMI (National Alliance on Mental Illness) New Orleans

Main Number: 504-896-2345; West Bank: 504-368-1944 Fax 504-896-2240

Web: www.namineworleans.org, Address: 1538 Louisiana Ave., New Orleans

Hours: M-F 8:30-4:30 Office Hours, Uptown Drop-In Center T & Th 1:30-4:30

NAMI New Orleans provides mental health day treatment and services to adults with chronic mental illnesses, as well as support and education for adults with mental illness and their families, including numerous support groups. Drop-In Center and all support and education programs are free; Medicaid and other insurance accepted for additional services. Walk-In during Drop-In hours or Call for Appointment.

True Love Movement

Phone: 504-309-LOVE Web: truelovemovement.com

Mental health counseling services specifically for the Black community. "The mission of True Love Movement is to empower Black people to achieve optimal health and wellness through counseling, education, community activism and the production of creative arts and media all of which promote self-awareness and self-LOVE." Call for information on services and payment options.

Cypress Atlas, PLPC

Phone: 504-233-2077, Email: cypress@tpcnola.com, Web: tpcnola.com

Transgender counselor specializing in Narrative Therapy. She works with Turning Point Counseling. \$80/session and sliding scale upon inquiry.

New Orleans Syringe Access Program (NOSAP) Wednesday: 12-4 pm; Friday: 12-5 pm; safe, sterile syringes; safe injection materials; authorized syringe disposal, overdose prevention education; Naloxone distribution; medication-assisted treatment referrals; bulk exchange every Wednesday: 12-4 pm matching bulk disposals of 300-500 syringes

Recovery Works Intensive Outpatient Program (call number above and ask for Sharon Normand) talk therapy, education, medication-assisted treatment, art, music, yoga, social support, community education, trauma resolution.

Primary care offered including Suboxone (Buprenorphine), counseling, and dental services. (See Primary Care and Dental/Eye Care for more info)

Free; *Se habla español, 504-207-2273, marque 2*

The Louisiana Tobacco Quitline

1-800-784-8669; www.quitwithusla.org 24/7

Call line that provides smoking cessation counseling and referrals to other services in Louisiana.

Se habla español, other languages through language line

Metropolitan Human Services District

504-568-3130; Help is available 24/7, www.mhsdla.org

Office hours M-F 8-4:30

Intensive Outpatient (IOP) Programs, Suboxone and medication assisted treatment (MAT), addiction services for youth, treatment for gambling problems
6 Clinic Locations:

Algiers Behavioral Health Center: 3100 Gen. DeGaulle Dr, New Orleans, LA

Central City Behavioral Health & Access Center: 2221 Phillip St., New Orleans,

Chartres-Pontchartrain Behavioral Health Center: 719 Elysian Fields Ave, New Orleans,

New Orleans East Behavioral Health Center: 5630 Read Blvd., 2nd Floor, New Orleans,

St. Bernard Behavioral Health Center: 6624 St. Claude Ave, Arabi, LA 70032

Plaquemines Community C.A.R.E. Center: 115 Keating Dr, Belle Chasse, LA
Medicaid, Medicare, some insurance, call for info; Appointment only.

Se habla español

CrescentCare

504-821-2601, crescentcare.org/service/harm-reduction-services/

1631 Elysian Fields Ave., New Orleans, LA

SUBSTANCE USE SERVICES HARM REDUCTION & ADDICTION

ACER (Addictions Counseling & Educational Resources)

www.acercanhelp.com

2321 N Hullen St., Ste B, Metairie, 70001 (504-941-7580)

115 Christian Lane, Slidell, LA 70458 (985-690-6622)

7701 Arabi, LA 70032 (504-682-9550)

M-F 9-5 Administrative hours

Outpatient programs for addiction recovery including detox services and counseling

Daytime and evening treatment offered.

Private Insurance, weekly financial agreements, Grant program, Medicaid;

Walk-in or Appt

Se habla español

Alcoholics Anonymous

504-838-3399; www.aaneworleans.org

Call or check website for information on times and places for daily, free meetings throughout NO area.

Se habla español, marque 504-516-1090

Behavioral Health Group (BHG)

504-524-7205 (Eastbank), 504-347-1120 (West Bank);

www.bhgrecovey.com

2235 Poydras St. Suite B, New Orleans 70112 or 1141 Whitney Avenue,

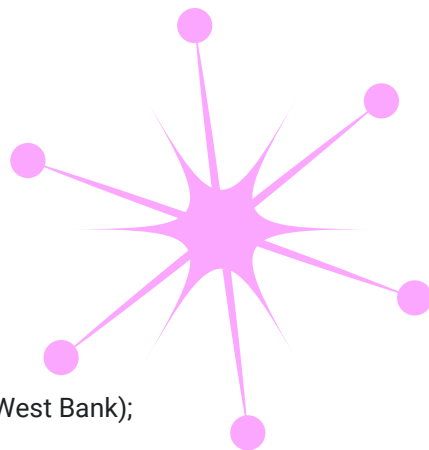
Building 4, Gretna 70056, M-F 5- 1:30, Sat

5-10 (Dispensing Hours: M-F 5-12:45 and Sat 5-10) (Westbank location closes earlier)

Methadone (daily dispensing), buprenorphine, and counseling. Offers detox from methadone only.

Private Pay, Payment Plans, Some insurance, Medicare, Medicaid; Call for evaluation, no walk-ins.

Se habla español



Turning Point Counseling

Web: tpcnola.com, Email: info@tpcnola.com

Counselors specializing in depression & anxiety, trauma & ptsd, and gender & sexuality. Services include: Individual and group counseling, play therapy, mental health training, and restorative justice circles. Email or visit website for more information and pricing.

University of Holy Cross Counseling and Training Center

Phone: 504-398-2168, Address: 4123 Woodland Dr, New Orleans (Algiers), 70131

Hours: M-Th 11-7

Counseling services are administered by either graduate students or post-graduate students supervised by senior staff.

\$15 per session, check or cash, no Medicare, Medicaid or insurance accepted; reduced cost on case by case basis.

Appt. Only. *Se habla español*

Whole Village Art Therapy

Phone: 504-603-7136, Web: bahareh@wholevillageart.org

Provides free mental health services. Mission is to reduce the stigma associated with mental health and increase accessibility to counseling. Work in a variety of settings including schools, shelters and community spaces. Provide free drop-in community art making events on a monthly basis. Available to all ages.

Loyola Center for Counseling and Education

Phone: 504-864-7858 Email: LCCE@loyno.edu

Address: Second Floor, Mercy Hall, 2020 Calhoun St., New Orleans

Hours: M-Th 1PM-8PM

Mental health counseling services on a sliding scale to all families, couples, groups, and individuals at every stage of life. Any amount you can afford.

Call or email for appt. *Spanish spoken? Depends on staffing at the time*

T (she/her) is a white femme, queer/lesbian peer counselor and former sex worker from the South. She specializes in peer support that affirms queer love and s. work. T believes in you being an equal stakeholder in a relationship with your mental healthcare provider. She centers the healing power of shared lived experience in all of her work. Email: goldpeercounseling@gmail.com

Crescent Care

Phone: 504-821-2601- Provides a vast array of wrap-around services and programs. In this section highlighting their Behavioral Health component, Medicaid covered individual counseling and psychiatry. There is often a several month waitlist for these specific services. Free.

Se habla espanol, 504-207-2273

Tulane Behavioral Health Center - Tulane Medical Center

Phone: 504-988-4794, Address: 1415 Tulane Ave, 4th Floor of Hospital, New Orleans, 70112, Hours: M- F 8-4:30

Outpatient services for all psychiatric disorders serving children, adolescents, and adults. This hospital sees ALL individuals and accepts Medicaid. Services include medication management, therapy, and counseling. \$20 for students, \$25 for non-students; Appt. Only.

Mercy Family Center

Algiers 504-376-2590 Metairie 504-838-8283 Mandeville 985-727-7993

Web: www.mercy.net/neworleansla

Algiers: 3221 Behrman Pl., Ste. 105, New Orleans, 70114

Metairie: 110 Veteran's Blvd., Ste 425 Metairie, 70005

Northshore: 1445 W Causeway Approach, Mandeville, 70471,

Hours: M-F 8-5

Psychological counseling & treatment for children, youth & adults at three GNO Locations. Including gender-affirming behavioral health services for transgender and non-binary clients.

Medicaid, Insurance, Sliding scale for uninsured individuals ONLY; Submit application online to begin process- must have applied for Medicaid first.

Positive Living Treatment Center

Phone: 504-827-2701, Address: 3330 Canal St., New Orleans, 70119

Hours: -F 9-5

Community mental health center dedicated to quality care of individuals with diminished functioning capabilities due to an emotional or psychiatric disorder. PLTC offers an alternative to an inpatient setting and a transitional, psycho-social rehab option that fosters independence, dignity and respect for all persons served through a partial hospitalization program, as well as a community based outreach program.

Call for Appt./Intake info and to discuss payment options.

Cope Line by Via Link

Phone: 504-269-COPE (2673) or simply dial 2-1-1

Also links to the Nat'l Suicide Prevention Lifeline 800-273-8255 www.vialink.org
24 hours - Information & social services for persons in crisis including counseling, referrals and connecting to community resources. Resource department works to connect with all kinds of organizations, including those centering transgender and non-binary folks.

Se habla español and other languages available through translation services

Lantern Light at Rebuild Center 1803 Gravier St., New Orleans

(504) 273-5577 www.lanternlight.org

M-F 8 -2:30

Lunch served M-F 1-1:30PM; Food bank 1st & 3rd Fridays of the month, 9:30-10:30 AM (call for eligibility).

Free; Walk-in for lunch. Food bank requires state ID, copy of lease, and proof of income.

Sankofa Lower 9 Food Pantry 5200 Dauphine St, New Orleans

504-872-9214 Monday and Weds 9am-12pm

Food pantry & grocery boxes

Free; Complete application (in-person, online or by phone) to determine eligibility. Requires name, address, household size, and income information.

Requires date of birth for senior commodity box.

Food Pantries Database

www.foodpantries.org/ci/la-new_orleans

New Orleans Community Fridges

www.nolacommunityfridges.org/locations

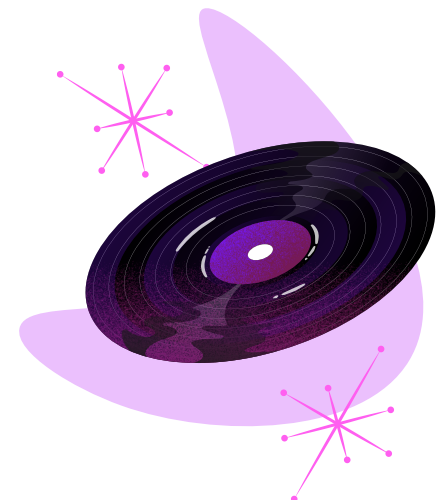
Multiple location in New Orleans that are filled by local residents for others in need. Check website for current locations.

WESTBANK**Philadelphia Ministries (Second Harvest distribution point)**

3181 Destrehan Ave, Harvey 70058

Every 2nd and 4th Monday 9-12:00- Car line

Other Westbank locations and times available at www.icarol.info



FOOD ACCESS

Community Center of St. Bernard

6800 Patricia St., Arabi

504-518-5968

Food bank Wednesday & Thursday mornings 9am - 12 noon.

Community Kitchen

Tuesday hot food serving 3-4pm @ Duncan Plaza between City Hall & the Main Branch Public Library.

504-383-3349

Crescent City Café

3900 St. Charles Ave (Rayne Memorial United Methodist Church)

www.crescentcitycafe.com

1st & 3rd Saturday of each month, 8-9:30 AM.

Culture Aid NOLA Food Distro

Wednesdays, 6pm Our Lady Star of the Sea 1835 St. Roch

Saturdays, 9am Corpus Christi Church 2022 St. Bernard

Free food distribution twice weekly and volunteer opportunities as well! No reservation, identification, or proof of income required, and no questions asked.

More info at: <https://www.cultureaidnola.org/getfood> , (504) 517-5059

Pick up fresh food for your family, neighbors, and friends!

Dragon Café at St. George Episcopal Church

4600 St. Charles Ave, New Orleans, 504-899-2811

Breakfast served Sundays 8:30-9:30 AM.

Hope House

916 Saint Andrew St., New Orleans

504 525 2561

M,F 9-1PM, T,W,Th 9-4PM

Groceries for residents of 70130 zip code. Free breakfast in the coffee shop next door. Adult learning center. Classes. Call for additional services. Free, requires proof of residence, proof of income, picture ID.

Metropolitan Crisis Response Team

****call this number instead of 911****

504-826-2675 24 hours a day

Telephone and face-to-face triage, assessment, and intervention for persons experiencing mental health or substance abuse crises. 24/7 clinical staff used to prevent unnecessary mental health hospitalizations and instead link consumers to community based services that better address their needs. Free.

Se habla español. Interpreters available for the hearing impaired

Metropolitan Human Services District

Office Line: 504-568-3130 Office hours M-F 8-4:30

Crisis Line: 504-826-2675 Help is available 24 hours a day, 7 days a week

Web: www.mhsdla.org

Outpatient mental health services provided for adults, including medication, crisis counseling, addictive disorders. Services at 5 locations in Orleans & Plaquemines Parishes, coordinated through main MHSD office at number above.

Locations:

Central City Behavioral Health Center: 2221 Phillip St., New Orleans, 70113

Chartres-Pontchartrain Behavioral Health Center: 719 Elysian Fields Ave, New Orleans, 70117

Algiers-Fischer Behavioral Health Center: 3100 Gen. DeGaulle Ave., Ste 203, New Orleans, 70131

New Orleans East Behavioral Health Center: 5630 Read Blvd., Second Floor, New Orleans, 70127

St. Bernard Behavioral Health Center: 6624 St. Claude Ave., New Orleans 19
Medicaid, Medicare, Do not take private insurance, No fee for uninsured; call for info; Appointment only.

Se habla español



SHELTERS AND HOUSING

New Orleans Low Barrier Shelter

1530 Gravier Street, New Orleans, LA 70112

(504) 517-1518

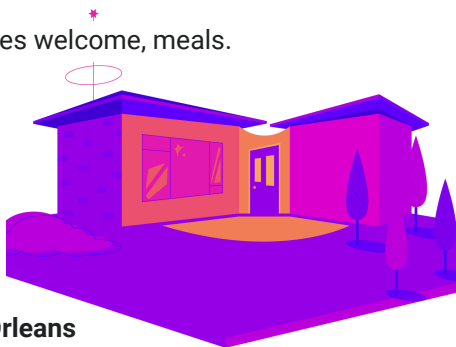
No minors, 24/7 shelter beds, all identities welcome, meals.

Ozanam Inn

843 Camp Street, New Orleans

(504) 523-1184

Emergency shelter; rapid rehousing and meals.



Traveler's Aid Society of Greater New Orleans

1530 Gravier Street, New Orleans, LA 70112, 1st floor

(504) 658-2958

Rehousing, outreach, vouchers/tokens, showers, mail, phone, and laundry.

New Orleans Family Justice Center

701 Loyola Avenue, Suite 201, New Orleans, LA 70112

(504) 355-0851

Emergency shelter and rehousing for victims of domestic violence.

New Orleans Women & Children's Shelter

2020 S Liberty St., New Orleans, LA 70113

(504) 522-9340

Transitional housing for women/women of trans experience, those who have children under 18, pregnant people, and single father-led families.

Covenant House New Orleans

611 N. Rampart St, New Orleans, LA 70112

(504) 584-1111

Offers many essential services for youth/young people (22 y.o. and younger) including a 24/7 Care Center & Stable Housing, Health care, Education, Employment and Life Skills, Financial Assistance, Health and Wellness, and Outreach.

Louisiana Fair Housing Action Center

1340 Poydras St Suite #710, New Orleans, LA 70112

(504) 596-2100 or (877) 445-2100

Free legal representation to people facing eviction in Orleans Parish and other services.

Housing Authority of New Orleans

4100 Touro Street, New Orleans, LA 70122

(504) 670-3300, <https://www.hano.org/Housing>

Helps to provide affordable housing for low-income residents. Visit the HANO website to learn more about public housing, Section 8 rental assistance, and project-based units.

Unity of Greater New Orleans

2475 Canal Street, Suite 300, New Orleans, LA 70119

A collaborative of over 60 agencies providing housing and services to people who are homeless or at risk of homelessness in Orleans and Jefferson parishes.

Hagar's House for Women

(504) 210-5064

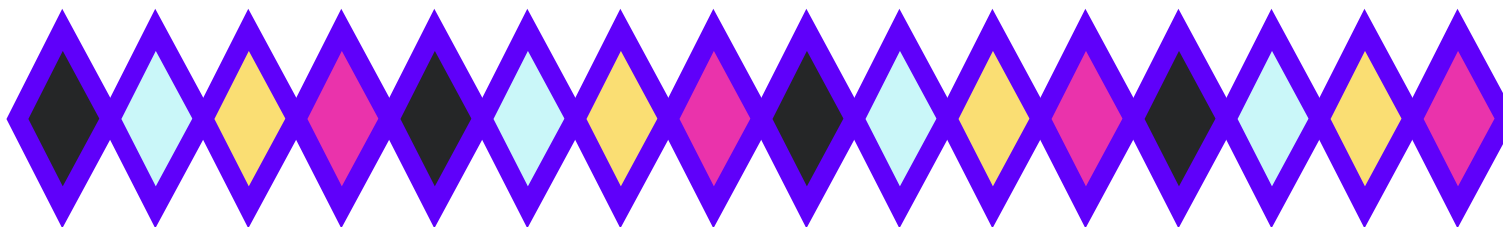
3401 Canal St., New Orleans, LA 70119

Long term housing for single women, children, and TGN folx who are 18 and older. Waitlist is a possibility.

Women's Space - START

3801 Pitt St., New Orleans, LA 70115 (504) 895-6500

You must be referred to them by Unity. (2475 Canal Street, Suite 300, New Orleans, LA 70119) Women's Space is a transitional housing center that accepts women and people of trans experience (TGNC). The house up to 24 people at a time in a 4 people per room shared space. They offer 3 meals a day, group events and space, and some other basic needs. No fee for staying, but works on a referral system. 18 and up.



NOTES:

BATON
ROUGE

TRANS SPECIFIC ASSISTANCE

Out of the Box LGBTQA Center

9148 Scotland Ave, Baton Rouge, LA 70807

(225) 256-6627

<https://www.carpbr.com/out-of-the-box>

A resource affiliated with the Capital Area Reentry Program that provides LGBTQA-friendly professional and personal development, as well as social opportunities.

PFLAG of Greater Baton Rouge

225-800-7046, pflaggreaterbatonrouge@gmail.com

<https://pflag.org/chapter/pflag-greater-baton-rouge/>

Provides LGBTQA resources, support, advocacy, and education.

ANIMALS, EDUCATION, AND OTHER ASSISTANCE

Gulf Coast Social Services

5850 Florida Boulevard, Baton Rouge, LA, 70806

(225) 201-0696

<https://www.gcssla.org/locations/baton-rouge-louisiana>

Provides respite care, personal care services for people with disabilities, veteran services, and elderly services.

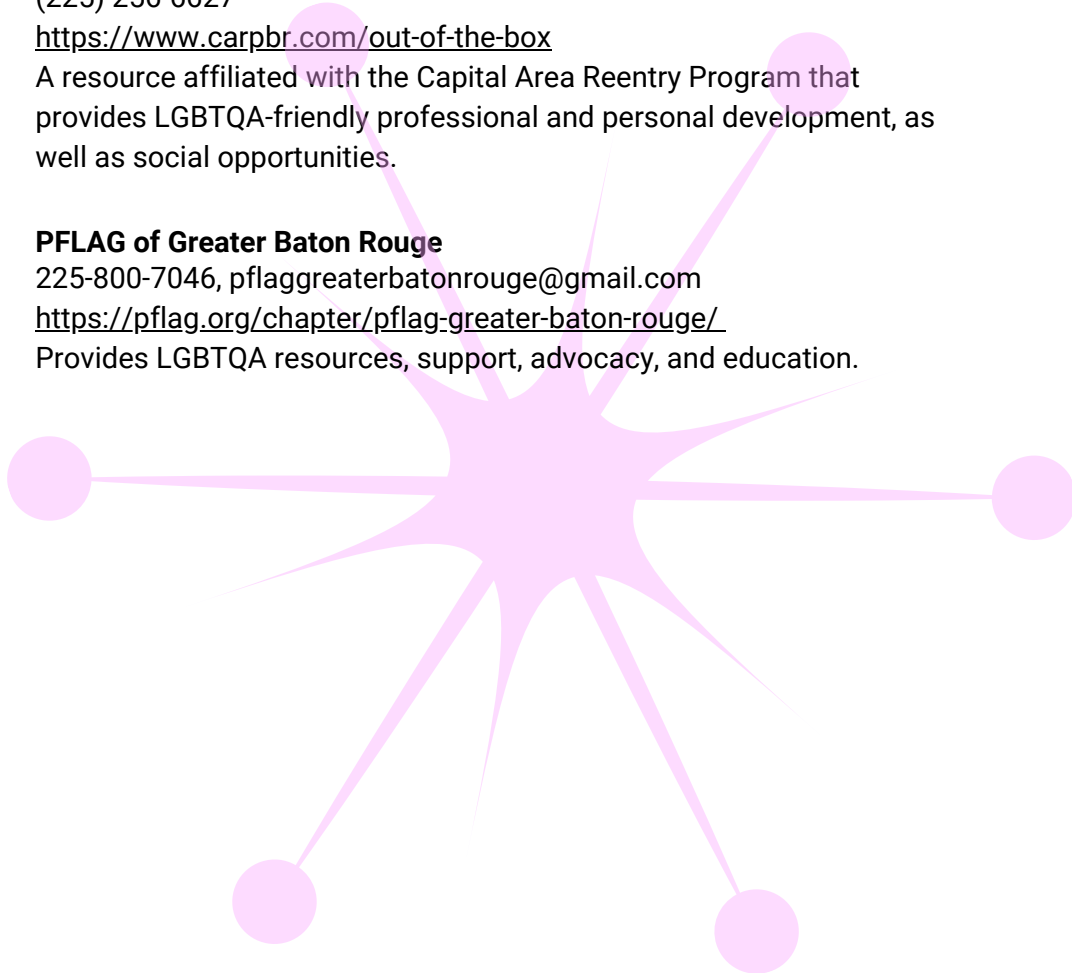
Fertility Answers of Baton Rouge

500 Rue de la Vie, Suite 510, Baton Rouge, LA 70817

(225) 926-6886

<https://www.fertilityanswers.com/fertility-treatments/same-sex-couples/>

An LGBTQA-friendly fertility treatment center.



BASIC NEEDS ASSISTANCE AND FOOD ASSISTANCE

Metropolitan Community Church of Baton Rouge

7747 Tom Dr, Baton Rouge, LA 70806

225-248-0404

<https://mccbr.org/>

MCC's primary outreach is to LGBTQ people, as well as accepting and affirming heterosexuals and anyone else looking for an inclusive message. Everyone is welcome to participate in our ministries and activities.

Baton Rouge Food Bank

10600 Choctaw dr, Baton Rouge, LA 701815

225-359-9940

<https://brfoodbank.org/>

The Greater Baton Rouge Food Bank is a nonprofit organization that solicits, procures, inventories, and warehouses donated food and other products.

The Shepherd's Market

230 Renee Dr, Baton Rouge, LA 70810

225-337-1306

<https://shepherdsmarket.org/>

Founded in 2012, The Shepherd's Market is a client-choice food pantry serving the hungry and needy in south Baton Rouge. The pantry is open Mondays from 3:30-5:30 p.m. and Tuesdays and Thursdays from 8-10 a.m.

HIV, STI, PREP

AHF Healthcare Center and Pharmacy- Azmeh Clinic

4890 Bluebonnet Blvd, Baton Rouge, LA 70809

(225) 769-3922

<https://www.hivcare.org/>

Provides affordable HIV testing and treatment services. They also provide primary care services and referrals to specialists for those living with HIV.

Se habla español

Planned Parenthood

3825 Government St, Baton Rouge, LA 70806

225-387-1167

www.plannedparenthood.org

Planned Parenthood is the nation's leading provider and advocate of high-quality, affordable sexual and reproductive health care for all people, as well as the nation's largest provider of sex education.

CARP Baton Rouge

1364 Swan Ave, Baton Rouge, LA 70807

225-775-7988

<https://www.carpbr.com/>

Be Safe Syringe Service Program

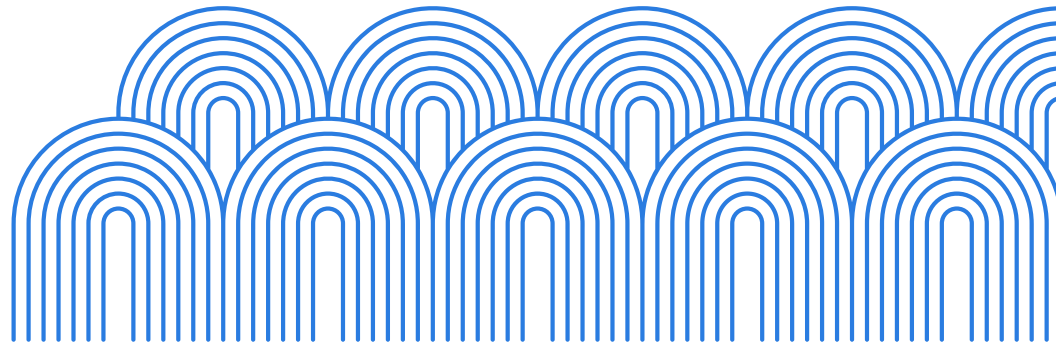
Prevention (HIV/AIDS, HEP C, & Syphilis) Screening & Linkage to Care

Out of the Box (LGBTQ+) Center & Programs

Reentry (returning citizens) Services

Research Projects

H.U.G.S. (Houseless/Unhoused Gaining Support) Program



ANTI-VIOLENCE & CONFLICT SUPPORT

Family Service of Greater Baton Rouge

4727 Revere Ave, Baton Rouge, LA 70808

(225) 927-8665

<https://www.fsgbr.org/>

Provides advocacy, support, and counseling for those experiencing domestic violence. They also provide financial, transportation, utilities, and medication assistance for those living with HIV. They can also provide supervised visitations for families involved in custody or juvenile court.

JUSTICE, IMMIGRATION & LEGAL AID

Crescent Care Legal Services

4550 North Boulevard Suite 230, Baton Rouge, LA 70806

(225) 302-5968

<https://www.crescentcare.org/service/cc-legal-services/>

Provides legal assistance for various legal needs (including discrimination, family law, Social Security, etc.) for those living with HIV and their families.

PRIMARY CARE SERVICES

AHF Healthcare Center- Baton Rouge

8281 Goodwood Blvd Suite D, Baton Rouge, LA 70806

(225) 231-5733

<https://www.hivcare.org/>

Provides affordable HIV testing and treatment services.

Se habla español

Byja Charitable Alliance

7170 Burbank Drive Suite B1, Baton Rouge, LA 70820

(225) 320-5090, info@byjaca.org

<https://byja.org/>

A Black owned Direct Primary Care practice that provides community health education and outreach.

Planned Parenthood - Baton Rouge Health Center

3825 Government Street, Baton Rouge, LA 70806

(225) 387-1167

<https://www.plannedparenthood.org/health-center/louisiana/baton-rouge>

Provides low-cost sexual health education and services, including pregnancy services, birth control, HIV and STI services, and vaccinations.

Se habla español

Our Lady of the Lake Regional Medical Center

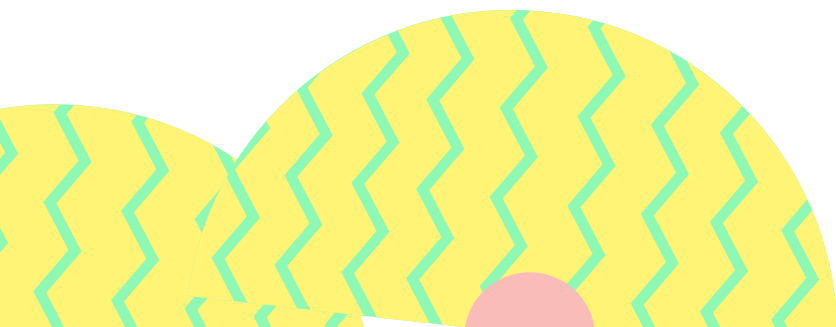
5000 Hennessey Blvd., Baton Rouge, LA, 70808

(225) 765-6565

<https://www.fmolhs.org/>

Provides LGBTQA-friendly healthcare, including emergency healthcare. Locations in Baton Rouge and Acadiana regions.

Se habla español and other languages (800-315-9566)



MENTAL HEALTH SERVICES

Baton Rouge Behavioral Hospital

4040 North Blvd, Baton Rouge, LA 70806

(225) 300-8470

<https://batonrougebehavioral.com/>

LGBTQA-friendly behavioral health and substance use hospital, including crisis services.

Essence of You Counseling and Consulting - Dr. Alisha Diggs

Baton Rouge, LA 70816 - online services only

(225) 396-9430

<https://essenceofyou.care/#footer>

LGBTQA-friendly counseling and mental health services.

SUBSTANCE USE SERVICES HARM REDUCTION & ADDICTION

Be Safe Syringe Service

1364 Swan Avenue, Baton Rouge, LA 70807

(225) 775-7988

<https://www.carpbr.com/be-safe>

<https://www.carpbr.com/be-safe>A resource through the Capital Area Reentry Program that provides safe syringe distribution and disposal, NARCAN, wound care kits, and STI testing.

Capital Area Recovery Program

2455 Wooddale Boulevard, Baton Rouge, LA 70805

(225) 922-3169

<https://cahsd.org/adult-mental-health-and-addiction/>

A 28-day treatment and recovery center for substance use.

O'Brian's House

446 North 12th St, Baton Rouge, LA 70802

(225) 344-6345

<https://www.obrienhouse.org/>

LGBTQA-friendly treatment and recovery for adults for substance use. Offers a 90-day residential program and intensive outpatient program. They house based off of the gender on one's ID but does have a third "home" for people to decide to stay in if there is space.

Capital Area Reentry Program

1364 Swan Ave., Baton Rouge, LA. 70807

(225) 775-7988

<https://www.carpbr.com/>

Provides routine screenings, compassionate engagement, and harm reductive services to those who inject drugs and LGBTQA people.

Comprehensive Treatment Centers

11445 Rieger Road, Baton Rouge, LA 70809

(888) 214-0020

<https://www.ctcprograms.com/location/baton-rouge-comprehensive-treatment-center>

LGBTQA-friendly treatment and recovery for adults addicted to opiates.

SHELTERS AND HOUSING

Capital City Alliance for the Homeless/The One Stop Shop

153 N 17th St., Baton Rouge, LA 70802

(225) 388-5800

<https://www.homelessinbr.org/>

Provides resources for housing and related services in the Baton Rouge region of Louisiana.

Missionaries of Charity Shelter & Soup Kitchen St. Agnes Church

749 East Boulevard, Baton Rouge, LA 70802

(225) 383-8367

<https://www.stagnesbr.com/>

Provides an overnight-only emergency women's shelter and soup kitchen. They stated that no ID is required to access services.

FAITH-BASED SERVICES

Metropolitan Community Church of Baton Rouge

7747 Tom Drive, Baton Rouge, LA 70806

(225) 248-0404

<https://mccbr.org/>

LGBTQA-friendly faith-based services.

The Unitarian Church of Baton Rouge

8470 Goodwood Blvd., Baton Rouge, LA 70806

(225) 926-2291, office@unitarianbr.org

<https://unitarianbr.org/about-us/lgbtq-welcoming-congregation/>

LGBTQA-friendly faith-based services.

University Presbyterian Church

3240 Dalrymple Drive, Baton Rouge, LA 70802

(225) 383-3495

www.upcbr.org

LGBTQA-friendly faith-based services.

QUEER SPACES

Ann Connelly Fine Art

1670 Lobdell Avenue, Baton Rouge, LA 70806

(225) 927-7676

<https://www.annconnelly.com/>

A fine arts gallery that is LGBTQA-affirming.

American Family Martial Arts

8775 Jefferson Highway, Baton Rouge, LA 70809

(225) 272-5425

<https://americanfamilyma.com/>

Teaches self-defense to people of all ages.

SPLASH Nightclub

2183 Highland Road, Baton Rouge, LA

(225) 927-7676 Open Friday and Saturday Nights

IG @splashbrla LGBTQIA Nightclub and affirming space

George's Place

860 St Louis Street, Baton Rouge, LA

(225) 387-9798 Open Daily, 4PM- 2AM

IG @georges-place LGBTQIA Nightclub and affirming space, drag

Highland Coffee- Uptown Location

3350 Highland Road, Baton Rouge, LA

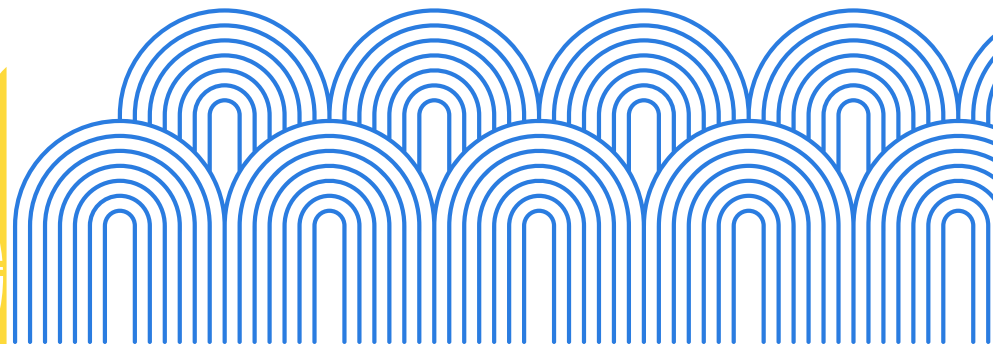
Open Daily, Coffeehouse and music

IG @highlandcoffees www.highlandcoffees.com

LGBTQIA Friendly and affirming space

NOTES:

SHREVEPORT



TRANS SPECIFIC ASSISTANCE

P.A.C.E. People Acting for Change and Equality

PO Box 52256, Shreveport, LA 71135 (mailing address only)

pacelouisiana@gmail.com

pacelouisiana.org

Provides advocacy and support for LGBTQA people in the workplace. They also host a support group for LGBTQA high school and college students.

PFLAG - Shreveport

(318) 638-8609, sherrykircus@gmail.com

<https://pflag.org/chapter/shreveport/>

Provides LGBTQA resources, support, advocacy, and education.

Shreveport PRIDE

shrevepride@gmail.com

<https://shrevepride.com/>

Provides LGBTQA resources and hosts Shreveport PRIDE.

Rainbow House

425 Columbia Street, Shreveport, Louisiana 71104, United States

Rainbow House is a temporary refuge for LGBTQ+ individuals who need housing while receiving medical care in Shreveport or supporting loved ones in the hospital, require a helping hand to regain stability, seek community support and connection, especially those 50+ in the LGBTQ+ community.

Louisiana Trans Advocates Meeting

First Sunday of every month from 1:30 PM to 3:30 PM

All Souls Unitarian Universalist Church

9449 Ellerbe Rd, Shreveport, LA 71106

Contact: zoe@latransadvocates.org

HARM REDUCTION SERVICES

Shreveport Mutual Aid

<https://www.instagram.com/shreveportmutualaid/>,

<https://www.facebook.com/people/Shreveport-Mutual-Aid/100087582812757/>

A social group on Facebook and Instagram where LGBTQA citizens of Shreveport can find assistance for basic needs.

Philadelphia Center Syringe Access Program

2020 Centenary Boulevard, Shreveport, Louisiana 71104

318-222-6633

<https://philadelphiacenter.org/syringe-service-program>

Access to sterile syringes and other injection equipment

Safe disposal containers for syringes

HIV and Hepatitis C testing and linkage to care

Access to naloxone/Narcan and fentanyl test strips

Preventive tools for HIV, STDs, and viral Hepatitis

*Free condoms

*PrEP

Referrals to medical, mental health, and social services

HIV, STI, PREP

The Philadelphia Center

2020 Centenary Boulevard, Shreveport, Louisiana 71104

(318) 222-6633

<https://philadelphiacenter.org/>

Provides HIV treatment and support services, in addition to safe syringe access.

PRIMARY CARE SERVICES

Dr. Amanda Callagan Poche

1023 Provenance Pl Blvd Suite 130, Shreveport, LA 71106
(318)-626-0100

<https://www.ochsnerlsuhs.org/doctors/amanda-lynn-callegan-poche>

A primary care physician, board certified in both Internal Medicine and Pediatrics. Provides value-based care and equitable care for all, including gender-affirming care, palliative care, and medical education.

Endocrine and Thyroid Specialists- Dr. Melissa Albritton, MD

1811 E. Bert Kouns Suite 480, Shreveport, LA 71105
(318) 212-2810

<https://www.wkendocrinespecialists.com/providers/dr-melissa-albritton-md>

Provides LGBTQA-friendly healthcare services specifically related to endocrine and thyroid needs.

Dr. Jaya McSharma

620 Texas St, Shreveport, LA 71101
318-777-5292

<https://yourmdbestie.com>

Dr. Jaya R. Mcsharma has expertise in treating heart failure, Parkinson's disease, hypertension, among other conditions. LGBTQIA affirming and friendly, Harm reductionist.

ANTI-VIOLENCE & CONFLICT SUPPORT

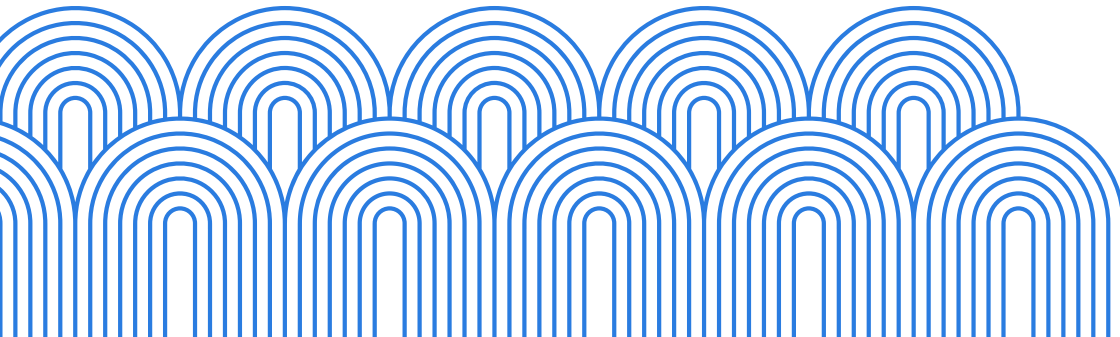
Project Celebration, Inc.

580 W. Main Street, Many, LA 71449

(318) 256-6242, Director@projectcelebration.com

<https://www.projectcelebration.com/>

Provides advocacy, housing, and support services for sexual assault and domestic violence survivors.



MENTAL HEALTH SERVICES

Affinity Counseling Center

Shreveport, LA 71105 (online services only)

(318) 712-8394

<https://www.affinitycounselingcenter.com/>

Provides LGBTQA-friendly counseling and mental health services.

Brighter Future Counseling Services

4571 N Market St., Shreveport, LA 71107,

123 W Alabama Avenue, Vivian, LA 71082

(318) 424-8735, info@brighterfuturecs.com

<https://www.brighterfuturecs.com/>

Provides LGBTQA-friendly counseling, mental health, and medication management services.

Healing Minds, LLC

3825 Gilbert Dr., Unit 111, Shreveport, LA 71104

(318) 220-1433, Erin@healingmindsla.com

<https://www.healingmindsla.com/>

Provides LGBTQA-friendly counseling and mental health services.

Heather L Howard, LPC

321 Southfield Road, Shreveport, LA 70115

(318) 861-0862

<https://www.outcarehealth.org/outlist/louisiana/>

Provides LGBTQA-friendly counseling and mental health services.

Hylan Counseling Services, LLC

Shreveport, LA 71115

(318) 405-5963, hylancounselingservices@gmail.com

<https://www.hcsmentalhealth.com/>

Provides LGBTQA-friendly counseling and mental health services.

Mesloh Counseling Center, LLC

400 Texas Street Suite 950, Shreveport, LA 71101

(318) 573-3771, admin@meslohcounseling.com

<https://www.meslohcounseling.com/>

Provides LGBTQA-friendly counseling and mental health services.

Reef Wellness Counseling

3616 Youree Drive, Shreveport, LA 71105

(318) 779-0104, info@reefwellness.org

<https://www.reefwellness.org/home>

Provides LGBTQA-friendly counseling and mental health services.

Roan Counseling

1455 East Bert Kouns Industrial Loop Suite 102 Building #2 ,

Shreveport, Louisiana 71105

(318) 310-8867, Jordan@roancounseling.com

<https://www.roancounseling.com/home>

Provides LGBTQA-friendly counseling and mental health services.



FOOD ACCESS AND BASIC NEED ASSISTANCE

Martha's Market Food Pantry

277 Mount Zion Road, Shreveport, 71106

Provides access to a food pantry for those residing in the 71106 zip code Tuesdays, Thursdays, and Fridays from 11-1 PM. Must bring ID and proof of address to receive services.

Noel UMC Food Pantry

520 Herndon St, Shreveport 71101 (inside Noel Memorial United Methodist Church)

(318) 424-0434

www.noelumc.org/pantry

Provides access to a food pantry Monday-Thursday 10 AM - 2 PM. Also provides cat and dog food during the same hours.

Food Bank of Northwest Louisiana

285 Mt Zion Rd, Shreveport, LA 71106

(318) 675-2400

www.foodbanknla.org

Provides access to a food bank Monday-Friday from 8 AM- 3:30 PM. Need to bring a photo ID, proof of income (or budget sheet), verification of residency (utility bill or similar), and grocery bags if possible.

Se habla espanol

Out of the Closet- Shreveport

600 Clyde Fant Parkway, Shreveport, LA 71101

<https://www.instagram.com/outoftheclosetla/>

Clothing the LGBTQIA+ community and other marginalized individuals in need.

FAITH-BASED SERVICES

All Souls Unitarian Universalist Church

9449 Ellerbe Road, Shreveport, LA 71106

(318) 868-3313, office@allsoulsshreveport.org

<https://allsoulsshreveport.org/site/>

LGBTQA-friendly faith-based services.

B'nai Zion Congregation

245 Southfield Road, Shreveport, LA 71105

(318) 861-2122

<https://www.bnaizioncongregation.org/>

LGBTQA-friendly Jewish faith-based services.

Christ Church of Hope

111 Freestate Blvd, Ste 105 Shreveport, LA 7110

(318) 773-6764, CCoHinShreve@gmail.com

<https://www.facebook.com/ChristChurchofHopeinShreveport>

LGBTQA-friendly faith-based services.

Church for the Highlands

520 Olive Street, Shreveport, LA, 71104

(318) 673-4440

<https://www.churchforthehighlands.org/home>

LGBTQA-friendly faith-based services.

Grace Community Church

9400 Ellerbe Road, Shreveport, LA 71106

(318) 865-2070

<https://www.gracehappens.org/>

LGBTQA-friendly faith-based services.

Holy Cross Episcopal Church

875 Cotton Street, Shreveport, LA 71101

(318) 222-3325, church@churchholycross.org

<https://churchholycross.org/>

LGBTQA-friendly faith-based services.

QUEER SPACES

Bear's

1401 Fairfield Ave, Shreveport, LA 71101
(318) 606-4267, csjohnson@bearsfairfield.com
<https://bearsfairfield.com/#>
An LGBTQA-friendly live music bar and restaurant.

Central Station

1025 Marshall St, Shreveport, LA 71101
(318) 222-2216, centralstationshreveport@gmail.com
<https://www.facebook.com/CentralStationShreveport>
An LGBTQA-friendly multi-venue bar and nightclub.

Ernie's Bar

205 Wall St Shreveport, LA 71101
(936) 556-0707
<https://www.facebook.com/profile.php?id=100063544192694>
An LGBTQA-friendly multi-venue bar.

Minicine

846 Texas Ave, Shreveport, LA 71101
minicine@swampland.org
<https://www.minicine.org/>
An LGBTQA-friendly venue for experimental and independent arts.

Strange Brew

235 Wall St, Shreveport, LA 71101
(318) 222-2337
<https://www.facebook.com/strangebrewsport>
An LGBTQA-friendly bar.

The Korner Lounge

800 Louisiana Ave, Shreveport, LA 71101
(318) 222-9796, thekornerlounge@gmail.com
<https://www.facebook.com/KornerLounge>
An LGBTQA-friendly bar and social hub.

Rhino Coffee

721 Southfield Road, Shreveport, LA 71105
(318) 828-2671
uptown@rhinocoffee.com
An LGBTQA-friendly coffee shop

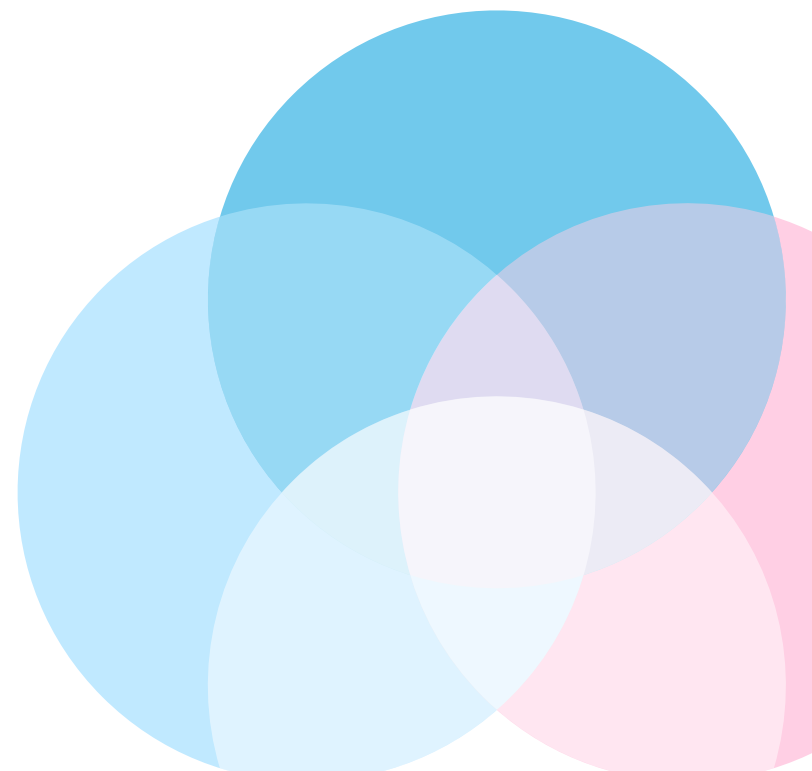
Robinson Film Center

617 Texas Street, Shreveport, LA 71101
(318) 459-4122
<https://robinsonfilmcenter.org/>

A place to visit and enjoy independent films in a comfortable setting.

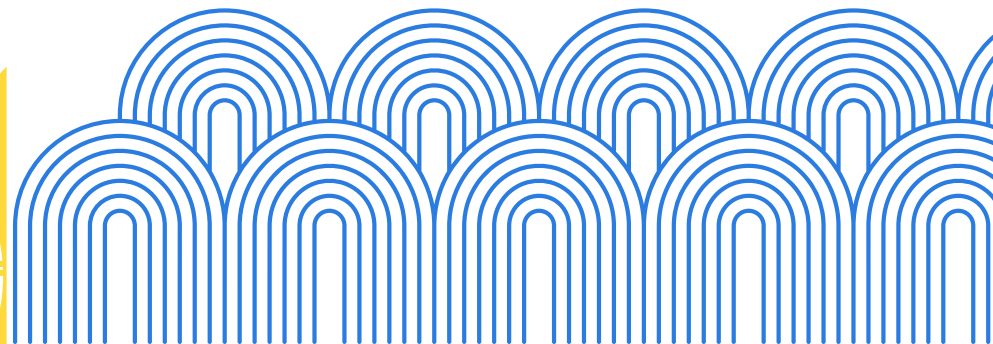
Abby Singer's Bistro

617 Texas Street, Shreveport, LA 71101
(318) 459-4122
<https://robinsonfilmcenter.org/abby-singers-bistro>
a full-service bistro and bar located on the second floor of The Robinson Film Center.



NOTES:

ALEXANDRIA



TRANS SPECIFIC ASSISTANCE

PFLAG - Alexandria

(318) 266-7455, PFLAGAlexandriaLA@gmail.com

<https://alexandria-la.pflag.org/>

Provides LGBTQA resources, support, advocacy, and education.

BASIC NEEDS ASSISTANCE AND FOOD PROGRAMS

Food Bank of Central Louisiana

3223 Baldwin Ave.

Alexandria, LA 71301

info@fbcenla.org

(318) 445-2773

Provides various food assistance programs for children, families, seniors, and other individuals in need.

CENLA Community Action

1335 Jackson St, Alexandria, LA 71301

(318) 487-5878

<https://cenlacac.itfrontdesk.com/>

Provides assistance with electric and water bills

Comprehensive List of Assistance in Alexandria

<http://www.cccenla.org/additional-community-resources>

ANIMALS, EDUCATION & OTHER SERVICES

Candiloro & Co. Photography

serves in Alexandria and surrounding areas.

(318) 295-0956

<https://www.candiloro.co/>

Provides LGBTQA-friendly photography services.

Gulf Coast Social Services

1300 Jackson Street, Alexandria, LA 71301

(318) 448-1801

<https://www.gcssla.org/locations/alexandria-louisiana>

Provides respite care, personal care services for people with disabilities, veteran services, and elderly services.

Magnolia Wishes Photography

serves in Alexandria and surrounding areas

magnoliawishesphoto@gmail.com

<https://magnoliawishesphoto.mypixieset.com/>

Provides LGBTQA-friendly photography services.

SHELTERS AND HOUSING

Hope House of Central Louisiana

5115 South MacArthur Drive, Alexandria, LA 71302

(318) 487-2061

<https://cenlahopehouse.org/>

Provides a homeless shelter for women and children and case management services. There is an application process to get into the shelter, but they report to be LGBTQA-friendly.

HIV, STI, PREP

Central Louisiana AIDS Support Services (CLASS)

1785 Jackson St, Alexandria, LA 71301

Open 8:00 AM-Closes 4:30 PM

(318) 442-1010

Provides free, confidential, anonymous testing for HIV, Syphilis, and Hepatitis C and screening for Chlamydia and Gonorrhea by trained personnel.

Tulane CD4 Clinic

1208 Wisteria Street Alexandria, LA 71301

318-484-4801

<https://medicine.tulane.edu/tulane-doctors/infectious-diseases/cd4-clinic>

Committed to providing quality healthcare focusing on health promotion, disease management, and the educational needs of persons living with HIV.

SUBSTANCE USE SERVICES HARM REDUCTION & ADDICTION

FRESH Works at Class

1785 Jackson St. Alexandria, LA 71301

(318) 442-1010

<https://class-cenla.org/freshworks/>

Distributes free sterile syringes, fentanyl test strips, NARCAN, wound care, and hygiene kits. They also offer syringe disposal.

FAITH-BASED SERVICES

First Christian Church

3500 Hwy 28, East Pineville, LA, 71360

(318) 229-3811, info@fccpineville.org

<https://sites.google.com/view/first-christian-church-pinevil/connect>

LGBTQA-friendly faith-based services.

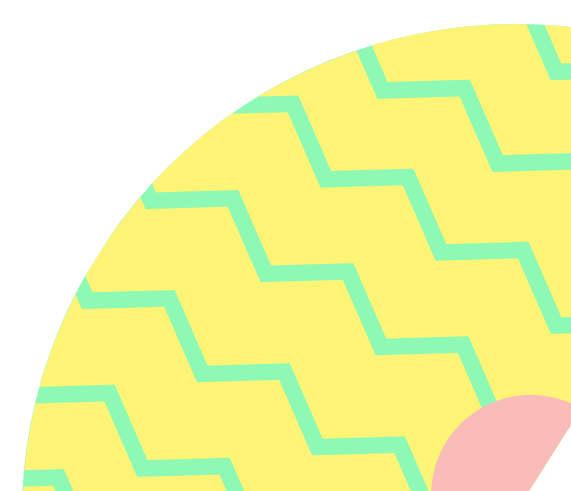
St. James Episcopal Church

1620 Murray Street, Alexandria, LA 71301

(318) 445.9845

<https://www.stjamesla.org/>

LGBTQA-friendly faith-based services.



NOTES:

LAFAYETTE/ LAKE CHARLES

TRANS SPECIFIC ASSISTANCE

Lafayette Foundation Clinic

117 Caillouet Place Lafayette, LA 70501

(337) 988-9737

<https://www.lfclinic.org/transgender-health>

Provides expertise care in transgender services and medicine.

AcadianaCares

809 Martin Luther King Dr, Lafayette, LA 70501

337-233-2437

<https://www.acadianacares.org/services/wellness/hormone-replacement-therapy-hrt/>

Offers Hormone Replacement Therapy (HRT) for transgender clients, as well as primary care and mental health services.

LA Trans Advocates Group Meetings

Second Saturday of every month from 2:00 PM to 4:00 PM

Acadiana Center for the Arts

101 W Vermilion St, Lafayette, LA 70501

Contact: peyton@latransadvocates.org

open to all people who self-identify as trans or nonbinary, regardless of where they fall on the feminine-to-masculine spectrum or where they are in the transition process.

Pride Lafayette Trans Group

640 Main Street

Lafayette, Indiana 47901

(765) 423-7579

<https://www.pridelafayette.org/trans/>

support and anti-oppression group for all transgender and gender diverse people, those living with differences of sexual development (DSD), those who identify as intersex, and their allies.

Acadiana Transgender Support Group

Can be found on Discord at <https://discord.gg/Xt8nzmdCyS>

Online Transgender Support Group

Can be found on Facebook at <https://www.facebook.com/TransLafayette/>

ANIMALS, EDUCATION & OTHER SERVICES

ARC of Acadiana - Resale Store

401 Galbert Road, Lafayette, LA 70506

(337) 991-2440

A thrift store that sells used goods at a low-cost.

Hand Up Thrift Store - Main

105 Leonie Street, Lafayette, LA 70506

(337) 704-4444

www.handupthrift.com

A thrift store that sells used goods at a low-cost.

Fertility Answers of Lafayette

500 Rue de la Vie, Suite 510, Baton Rouge, LA 70817

(225) 926-6886

<https://www.fertilityanswers.com/fertility-treatments/same-sex-couples/>

An LGBTQA-friendly fertility treatment center.

Gulf Coast Social Services

315 South College Road, Ste. 252, Lafayette, LA 70503 and 700 Pujo Street, Suite A, Lake Charles, LA 70601

(337) 269-1165 (Lafayette) and (337) 436-6622 (Lake Charles)

<https://www.gcssla.org/locations/lake-charles-louisiana>

Provides respite care, personal care services for people with disabilities, veteran services, and elderly services.

Lafayette Habitat for Humanity ReStore - Midtown Location

3123 1/2 Johnston Street, Lafayette, LA 70503

(337) 806-9755 (hotline)

restorelafayette.org

A thrift store that sells furniture, appliances, and home improvement items.

HIV, STI, PREP

Safe Havynn Education Center

209B Jefferson Street, Lafayette, LA 70501

(337) 552-7530

<https://safehavynn.org/>

Provides comprehensive sexual education and resources.

AcadianaCares

809 Martin Luther King Dr, Lafayette, LA 70501

337-233-2437

<https://www.acadianacares.org/services/wellness/sexual-health/>

Offers HIV testing, care, and maintenance, STI testing (gonorrhea, chlamydia, syphilis, and hepatitis A and B without symptoms) and Hepatitis C (HCV) testing and treatment

Lafayette Foundation Clinic

117 Caillouet Place Lafayette, LA 70501

Phone 337-988-9737

<https://www.lfclinic.org/prevention-wellness>

Provides instant testing for Syphilis, HIV and Hepatitis C.

As well as screening for Trichomoniasis, Gonorrhea and Chlamydia.

LAKE CHARLES

Southeast Louisiana AHEC

603 Pujo St. Lake Charles, LA 70601

800-435-2432

Provides HIV, Syphilis, and Hepatitis-C testing, prevention, counseling and referral programs.

Comprehensive Care Center

425 Kingsley St. Lake Charles, LA 70605

337-439-5861

Provides education to the people of Southwest Louisiana about HIV/AIDS, HIV Prevention, and offers medical and social services to people living with HIV.

BASIC NEEDS ASSISTANCE

Salvation Army Utility Assistance for Entergy Customers

212 Sixth Street, Lafayette, LA 70501

(337) 235-2407

salvationarmyalma.org/lafayette

Utility assistance for Entergy customers with a disconnection notice.

SMILE - Crisis Energy Assistance

501 Saint John Street, Lafayette, LA 70501

(337) 234-3272

smilecaa.org

Emergency utility assistance for low-income customers with a disconnection notice.

Utility Assistance Fund for SLEMCO Members

2727 Southeast Evangeline Thruway, Lafayette, LA 70508

(337) 886-3367

slemco.com/residential/billing/utility-assistance

Utility assistance for SLEMCO members.

ANTI-VIOLENCE & CONFLICT SUPPORT

Faith House - Family Justice Center of Acadiana

718 South Buchanan Street, Suite C, Lafayette, LA 70501

(337) 210-5986

www.faithhouseacadiana.com

Provides legal assistances for survivors of domestic violence, as well as an emergency shelter.

JUSTICE, IMMIGRATION & LEGAL AID

Acadiana Legal Aid- Lake Charles

Toll Free: (866) 275-2572

Fax: (337) 439-0636

2911 Ryan Street, Lake Charles, Louisiana 70601

Acadiana Legal Aid- Lafayette

Toll Free: (866) 275-2572

Fax: (337) 237-8839

1020 Surrey Street, Lafayette, Louisiana 70501

Provides FREE, exceptional civil legal services by advocating for fairness, protection and justice for disadvantaged client community.

SUBSTANCE USE SERVICES HARM REDUCTION & ADDICTION

Acadiana Harm Reduction

Serves the Lafayette area

(337) 362-2522, acadianaharmredux@gmail.com

<https://www.facebook.com/acadianaharmreduction/>

Provides harm reduction products, including Fentanyl test strips and NARCAN.

SWLA Do No Harm- Lake Charles

Serves the Lake Charles area

(337) 930-2286 <https://www.swlahec.org/swla-harm-reduction>

Provides harm reduction products, including Fentanyl test strips and NARCAN, condoms, free HIV/HCV testing and linkage to care.

MENTAL HEALTH SERVICES

Brooke Ferguson, LCSW

107 Global Circle, Suite 207, Lafayette 70503

(504) 732-1701

<https://meetmonarch.com/therapist/brooke-ferguson-social-work>

Provides LGBTQA-friendly therapy and mental health services.

Hope Healing Joy Counseling Center - Ryan Winters, LPC

1003 Hugh Wallis South Rd., Building E, Lafayette, LA 70508

(337) 573-2514

<https://hopehealingjoy.com/>

Provides LGBTQA-friendly therapy and mental health services.

Thrive Therapy, LLC

107 Global Circle, Suite 207, Lafayette 70503

(337) 359-2445, natalie@thrivetherapy.me

<https://thrivetherapy.me/>

Provides LGBTQA-friendly therapy and mental health services for children and young adults.

Wendy Dorfman, PLCP

850 Kaliste Saloom Road, Toulouse Building Suite 121, Lafayette, LA 70508

(337) 282-8667

<https://www.melissabowenlpc.com/counseling>

Provides LGBTQA-friendly therapy and mental health services.



FOOD ACCESS

FoodNet Food Bank

Mailing Address:

P.O. Box 3177

Lafayette, LA 70502

Phone: 337-232-FOOD (3663)

Provides supplemental food bags to a network of partner food pantries who distribute to neighbors in need.

Lafayette Community Fridge

2905 E. Simcoe Lafayette, LA, United States, Louisiana 70501

(337) 944-4701

<https://www.facebook.com/LafayetteFridge/>

<https://linktr.ee/louisianafriendlyfridges>

Lafayette Community Fridge is a mutual aid project which aims to reduce food insecurity within the community.

Lafayette Second Harvest Food Bank

215 East Pinhook Road, Lafayette, LA 70501

337-237-7711

<https://www.standingwithyou.org/resource/second-harvest-food-bank-lafayette-and-southwest-louisiana/>

Provides food access, advocacy, education, and disaster response. Second Harvest provides food and support to 700+ community partners and programs across 23 parishes.

QUEER SPACES

Southern Roots

415 Rena Drive, Lafayette, LA, 70503

southernrootslafayette@gmail.com

<https://www.southernrootslafayette.com/>

LGBTQA-friendly hair salon.

The Beluga Project

belugaproject.info@gmail.com

<https://www.facebook.com/thebelugaproject/>

Provides advocacy and support for those with sensory needs.

Provides access to sensory-friendly products (like headphones).

Zen Dog

1002 Albertsons Parkway, Broussard, LA 70518

(337) 704-7076

<https://zendogla.com/>

LGBTQA-friendly dog training business.

Acadiana Queer Collective

<https://www.acadianaqueercollective.org/>

A group that provides opportunities for LGBTQ+ people of all ages in Acadiana to show up for one another, and to promote the positive visibility of queer people throughout the community.

LAKE CHARLES

Stellar Beans Cafe

319 Broad St, Lake Charles, La 70601

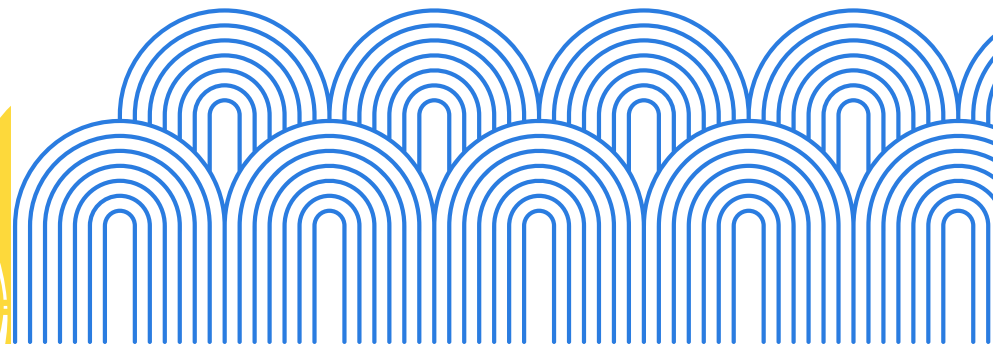
337-602-8441

<https://www.stellarbeanscafe.com/>

An LGBTQ+ friendly coffee shop in Lake Charles, LA.

NOTES:

MONROE



BASIC NEEDS ASSISTANCE

Grace Place Ministries Clothes Closet

1600 Jackson St., Monroe, LA

318-361-9702

<https://graceplaceministries.org/clothes-closet/>

GracePlaceLA@gmail.com

A space where donated clothing, household items and toiletry items can be received, organized and distributed to those who are in need. Open M.W.F from 10:30AM to 12:45PM.

ANTI-VIOLENCE & CONFLICT SUPPORT

The Wellspring Alliance for Families

1904 Royal Avenue, Monroe, LA, 71201

24 hr helpline: (318) 323-1505, office: (318) 651-9314

<https://wellspringofnela.org/>

Provides advocacy and support for victims of domestic violence and sexual assault. They also provide counseling services.

Se habla espanol

HIV, STI, PREP

Pinnacle Family Health

101 Crosley Street, West Monroe, LA 71291

(318) 325-1092 | (800) 286-1092

<https://pinnaclefamily.org/sexualhealth/>

Offers rapid testing for a range of sexually transmitted diseases, including HIV, Chlamydia, Gonorrhea, Hepatitis C, and Syphilis. Also offers PrEP and PEP, as well as education and counseling services.

PRIMARY CARE SERVICES

Pinnacle Health

101 Crosley Street, West Monroe, LA 71291

(318) 325-1092 | (800) 286-1092

<https://pinnaclefamily.org/primarycare/>

Offers comprehensive healthcare for the whole family with an emphasis on people who are medically underserved, people who are uninsured or underinsured, people who are living with HIV, and people who simply want to receive their healthcare in an open and affirming environment.

MENTAL HEALTH SERVICES

Finley Rose, LPC

online services only

(971) 366-2717

<https://www.psychologytoday.com/us/therapists/finley-rose-monroe-la/1298593>

LGBTQA-friendly counseling and mental health services for couples and families.

The Women's Clinic - Marley Herrera

312 Grammont Street, Monroe, LA 71201

(318) 386-4841

<https://www.thewomansclinic.net/providers/marley-herrera>

LGBTQA-friendly counseling and mental health services.

The Center for Children and Families

622 Riverside Drive, Monroe, LA 71201

(318) 398-0945

<https://standforhope.org/monroe-la/>

Provides child and family therapy, medication management, and court-appointed special advocates.

SUBSTANCE USE SERVICES HARM REDUCTION & ADDICTION

Northeast Delta Human Services Authority

4800 S Grand St, Monroe, LA 71202

318-362-3339

<https://nedeltahsa.org/about/>

Serve as a catalyst for individuals with mental health, developmental disabilities, and addictive disorders to help realize their full human potential by offering quality, excellent care with greater accessibility.

Northeast Delta Human Services Authority Vending Machine

722 Adams Street, Monroe, LA 71201

<https://nedeltahsa.org/harm-reduction-vending-machine-pr/>

State-of-the-art machine that is designed to provide critical resources and support to individuals at risk of substance abuse, promoting harm reduction and improving public health outcomes.

FOOD ACCESS

Care and Hope Ministry

809 Cleveland Street, Bastrop, LA 71220

(318) 239-3484

<https://www.facebook.com/CareHopeMinistry/>

Distributes food boxes to Morehouse Parish residents every Wednesday from 2-4:45 PM. Must have a picture ID and utility bill for proof of address. The picture and name does not matter, but the name on the ID and the utility bill (or other mail) have to be the same.

SHELTERS AND HOUSING

The Renewal Center of Northeast Louisiana

722 Adams St., Monroe, LA 71201

(318) 605-2974, help@renewalcenternela.org

<https://renewalcenternela.org/>

Serves the unhoused population by providing housing, meals, access to showers, and obtaining legal documentation.

FAITH-BASED SERVICES

Northminster Church

2701 Lamy Ln, Monroe, LA, 71201

(318) 388-3717, office@northmin.org

<https://www.northmin.org/>

Provides LGBTQA-friendly faith-based services.

QUEER SPACES

Northeast LA Pride Group

<https://www.nelapride.com>

<https://www.instagram.com/officialnelapride/#>

A nonprofit organization that was founded in Monroe, Louisiana in 2023 to celebrating and advocate for the LGBTQ+ community in Northeast Louisiana (NELA). They host events, provide resources, and create safe spaces for all.



STATEWIDE RESOURCES

These resources operate throughout the state of Louisiana and provide additional resources, education, support, and advocacy (including legal) for LGBTQIA+ individuals. There are no physical locations for these resources, but their services may be accessed online or by phone.

232 Help

(337) 232-4357

<https://232help-public-prod-0.sophia-app.com/#/>

Provides a resource directory for the state. *Note: this resource directory may or may not list resources that are LGBTQIA-friendly. This directory may be useful as a starting point for your research. Please use this resource as you feel comfortable

Se habla espanol and other languages.

Forum For Equality

(504) 233-9775

<https://www.forumforequality.org/>

LGBTQA lobbying and civil rights advocacy group.

Free Mom Hugs

chapters@freemomhugs.org

[https://freemomhugs.org/index.cfm?](https://freemomhugs.org/index.cfm?fuseaction=page.viewpage&pageid=4)

[fuseaction=page.viewpage&pageid=4](https://freemomhugs.org/index.cfm?fuseaction=page.viewpage&pageid=4)

Provides LGBTQIA advocacy and support.

Geaux Talk

(504) 301-9853

<https://geauxtalk.org/>

Provides resources for comprehensive sexual health education.

Louisiana Trans Advocates

info@latransadvocates.org

<https://www.latransadvocates.org/>

Provides LGBTQIA resources, education, support, and advocacy.

Out of the Closet

outoftheclosetla@gmail.com

<https://www.facebook.com/outoftheclosetLA>

Operates in various cities throughout the state and provides free gender-affirming and LGBTQIA-friendly clothing.

The Louisiana Coalition Against Domestic Violence

(225) 752-1296

<https://lcadv.org/>

{Provides advocacy and support survivors of domestic violence.

NATIONWIDE RESOURCES

These resources operate throughout the state nation and provide additional resources, education, support, and advocacy (including legal) for LGBTQIA+ individuals. There may be no physical locations for these resources, but their services may be accessed online or by phone.

ACLU

(212) 549-2500

<https://www.aclu.org/>

Provides access to education and advocacy support if you feel your human and civil rights have been violated.

A4TE Advocates for Trans Equality

(646) 862-9396, a4te@transequality.org

<https://transequality.org/>

Provides education, support, and advocacy to transgender individuals for legal matters, healthcare, and personal matters.

Cyber Civil Rights Initiative

1 (844) 878-2274 (image abuse hotline)

<https://cybercivilrights.org/>

provides education and legal resources for victims of non-consensual pornography.

Everywhere is Queer

everywhereisqueer@gmail.com

<https://www.everywhereisqueer.com/>

A website and app that locates queer-owned businesses world-wide and an online community hub.

GLSEN

(212) 727-0135 ext. 6565

<https://www.glsen.org/>

Provides LGBTQA education, advocacy, and support particularly for K-12 students, families, and professionals.

Human Rights Campaign

<https://www.hrc.org/>

Provides resources for LGBTQA people regarding laws, protections, news, events, and programs in each state.

It Gets Better

info@itgetsbetter.org

<https://itgetsbetter.org/>

Provides LGBTQA resources, support, education, and advocacy,

Lambda Legal

<https://lambdalegal.org/>

Visit their website to contact the help desk provides free legal education and aid for LGBTQA individuals.

Love is Respect

1 (866) 331-9474, or use live chat feature on website

<https://www.loveisrespect.org/>

provides provides safety planning resources, education, and crisis services dating violence.